

ACADEMIC SESSION 2026-27

❖ PROGRAMMES OFFERED FOR THE ACADEMIC YEAR 2026-27

DEPARTMENT	PROGRAMME	DURATION	SEMESTERS	NO. OF SEATS
Physical Education	Master of Physical Education and Sports (M.P.E.S)	2 years	4	30
	Bachelor of Physical Education and Sports (B.P.E.S.)	3 years	6	50
Sports Coaching	Master of Science (Sports Coaching) [M.Sc. (SC)] (Archery, Athletics, Badminton, Boxing, Football, Shooting, Swimming and Weightlifting)	2 years	4	20
	Bachelor of Science (Sports Coaching) [B.Sc. (SC)] (Archery, Athletics, Badminton, Boxing, Fencing, Football, Shooting, Swimming, Weightlifting and Wushu)	4 years	8	50
Sports Psychology	Master of Science (Sports Psychology) [M.Sc. (SP)]	2 years	4	15
Sports Physiology & Nutrition	Master of Science (Applied Sports Nutrition) [M.Sc. (ASN)]	2 years	4	15

❖ POST-GRADUATE PROGRAMMES

1. MASTER OF SCIENCE (SPORTS COACHING) [M.Sc. (SC)]

Eligibility Essential:

- Any individual who possesses a B.Sc. (Sports Coaching) (4 Years) degree; or B.P.Ed. / B.P.E.S. / B.Sc. (Physical Education) (3 Years) with PG Diploma/ Diploma in Sports Coaching or any Under-graduate Degree with PG Diploma/Diploma in Sports Coaching.
- 50% marks in qualifying examination for Unreserved (UR), OBC (Non- Creamy Layer), Economically Weaker Sections (EWS) Kashmiri Migrants & Kashmiri Pandits/Kashmiri Hindu Families (Non-Migrants) living in Kashmir valley.
- 45% marks in qualifying examination for SC/ST.

Sports Discipline Offered:

Athletics, Archery, Badminton, Boxing, Football, Shooting, Swimming, and Weightlifting.

2. MASTER OF SCIENCE (SPORTS PSYCHOLOGY) [M.Sc. (SP)]

Eligibility Essential:

- Any individual who possesses B.A. in Psychology/ B.A. (Honours) in Psychology/ B.P.Ed./ B.P.E.S./ B.Sc. (SC) or any other Under-graduate Degree with Psychology/ Sports Psychology as one of the subjects.
- 50% marks in qualifying examination for Unreserved (UR), OBC (Non-Creamy Layer), Economically Weaker Sections (EWS) Kashmiri Migrants & Kashmiri Pandits/Kashmiri Hindu Families (Non-Migrants) living in Kashmir valley.
- 45% marks in qualifying examination for SC/ST.

3. MASTER OF SCIENCE (APPLIED SPORTS NUTRITION) [M.Sc. (ASN)]

POST-GRADUATE DIPLOMA IN SPORTS NUTRITION [P.G. DIPLOMA IN SN]

Duration: 1 Year (2 Semesters) + Internship

Exit Option: *Students have an option/ choice to exit the course after 1 Year (2-Semesters) with a PG Diploma in "Sports Nutrition" after completing additional internship. (Exit Option as per NEP)*

Eligibility Essential:

- Any individual who possesses an under-graduate degree in the following discipline(s):
 - Nutrition/ Food & Nutrition/ Applied Nutrition/Nutrition & Dietetics/Home Science/ Food Science/Applied Nutrition & Public Health/Clinical Nutrition & Dietetics, or an Equivalent Degree.
 - Sports Science/Exercise/Human or Medical Physiology/ Biochemistry/ Zoology.

- Bachelor of Ayurvedic Medical Science (BAMS)
- B.P.E.S or B.P.Ed. or B.Sc. (SC) or any other UG programme with Sports Nutrition as one of the courses.
- 50% marks in qualifying examination for UR (Unreserved), OBC (Non- Creamy Layer), Economically Weaker Sections (EWS), Kashmiri Migrants & Kashmiri Pandit/Kashmiri Hindu Families (Non-Migrants) living in Kashmir valley.
- 45% marks in qualifying examination for SC/ST.

4. MASTER OF PHYSICAL EDUCATION AND SPORTS (M.P.E.S)

Eligibility Essential:

- The candidate must have passed the Bachelor of Physical Education and Sports (B.P.E.S.) or any other equivalent examination recognized by the Government.
- 50% marks in qualifying examination for Unreserved (UR), OBC (Non-Creamy Layer), Economically Weaker Sections (EWS) Kashmiri Migrants & Kashmiri Pandits/Kashmiri Hindu Families (Non-Migrants) living in Kashmir valley.
- 45% marks in qualifying examination for SC/ST.

❖ UNDER-GRADUTE PROGRAMMES

1. BACHELOR OF SCIENCE (SPORTS COACHING) [B.Sc. (SC)]

Eligibility Essential:

- The Candidate must have passed the 12th standard scheme of examination or any other equivalent examination recognized by the Government.
- 50% marks in the qualifying examination for UR (Unreserved), Economically Weaker Sections (EWS), OBC (Non-creamy layer), Kashmiri Migrants & Kashmiri Pandit/Kashmiri Hindu Families (Non-Migrants) living in Kashmir valley.
- 45% marks in the qualifying examination for SC/ST.
- The candidate must have participated in District/Zonal, CBSE-Cluster/Zonal, KVS/NVS- Regional, DAV/SAINIK/Vidya Bharati- Zonal, Subroto Cup (District Level), Inter School (District Level)/ Other School Boards Competitions (District Level) organised by District Sports Association, District/Zonal/Regional Directorate of Education/School Boards/School Games Federation of India (SGFI)/State Associations/National Sports Federations (NSF) recognized by Indian Olympic Association in the Sports Disciplines offered by NSU.

Sports Discipline Offered:

Athletics, Archery, Badminton, Boxing, Fencing, Football, Shooting, Swimming, Weightlifting, and Wushu.

A candidate shall choose a game/sport he/she intends to specialize from the sports

discipline as per the eligibility criteria, and shall not be permitted to change the game/ sports once he/she is admitted.

2. BACHELOR OF PHYSICAL EDUCATION AND SPORTS (B.P.E.S)

Eligibility Essential:

- The Candidate must have passed the 12th standard scheme of examination or any other equivalent examination recognized by the Government.
- 50% marks in qualifying examination for Unreserved (UR), OBC (Non-Creamy Layer), Economically Weaker Sections (EWS) Kashmiri Migrants & Kashmiri Pandits/Kashmiri Hindu Families (Non-Migrants) living in Kashmir valley.
- 45% marks in qualifying examination for SC/ST.

3. ADMISSION SCHEDULE

The admission schedule for Undergraduate and Postgraduate courses shall be as follows:

Admission Timeline	Tentative Dates
Commencement of Registration & Online Application	25th May 2026
Last Date for Submission of Online Application	25th June 2026
Date of National Sports University Entrance Examination (NSUEE)	14th July 2026
Date of Physical Fitness & Game Proficiency Test	15-17th July 2026
Date of Viva Voce (Online) for PG courses [M.Sc. (SP) & M.Sc. (ASN)]	15-17th July 2026
Result Declaration	27th July 2026
Reporting Date for Verification of Original Documents and Medical Fitness Test at NSU, Imphal	5 th to 8 th August 2026
Date of Registration & Payment of Fees	5 th to 8 th August 2026
Commencement of Classes	10 th August 2026

*****Dates mentioned above are tentative and subject to change. For any changes, the details will be uploaded on the University website.**