



F.No. NSU/IDY/CDP/2023-24/01

Date: 23-04-2024

Invitation

All the Faculty members, Students and Staffs are hereby informed to you that our University, in collaboration with the Morarji Desai National Institute of Yoga New Delhi, is organizing a countdown programme for the celebration of International Day of Yoga 2024, with the theme of “**Yoga for Peace and Sports**” on 26th April 2024, a Common Yoga protocol Practical Session will be there in the morning between 06:30 to 08:00 AM at RCC Football Ground, Khuman Lampak and followed by a Technical Session (workshop) will be in there between 10:00 AM and 01:30 PM at NSU Indoor Hall.

You all are cordially invited attend the programme, A participation certificate, T-Shirt and Refreshment will be given to all the attendees.

Yours Faithfully


Dr.A. Yuvaraj

(Programme Co-ordinator)

Assistant Professor

Department of Physical Education,

National Sports University,

Imphal, Manipur-795001.

Copy to:

1. PS to VC for kind information of the VC (o)
2. Registrar for kind information
3. Dean (Academics), for information
4. Dean (Student Welfare), for information
5. HODs for information
6. DFO for kind information
7. DCE for kind information
7. Faculty circulation
8. All the class Coordinators (to ensure Students attendance)
9. Executive Assistant (mess) for the Arrangement of refreshment
10. Notice Board and University Website
11. File.

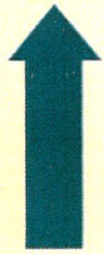


Ministry of Ayush
Government of India



Yogotsav

*Countdown Programme for
International Day of Yoga-2024*



56
Days to go



*@ RCC Football Ground,
Khuman Lampak*



26th April, 2024



06:00 AM onwards

Organised by:

National Sports University
Khuman Lampak Sports Complex
Imphal, Manipur-795001

In collaboration with

Morarji Desai National Institute of Yoga
Ministry of Ayush, Government of India

68, Ashok Road, New Delhi - 110001

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