



NATIONAL SPORTS UNIVERSITY

(A Central University)

Imphal, Manipur

Government of India,

Ministry of Youth Affairs and Sports

PROSPECTUS

2021-'22



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Vice-Chancellor's Message

Strength does not come from physical capacity. It comes from an indomitable will. ~ Mahatma Gandhi

These words of wisdom by Mahatma Gandhi, hold good in the field of sports as well. The National Sports University (NSU), first of its kind in India, endeavours to develop a holistic eco system of Sports Education, Training and Research in the country which not only takes care of the physical well being of the students but also their socio-psychological, academic and skill needs. The university aims to create an idiomatic sports education that is able to chisel a new generation of coaches, sports scientist and sports educationists who are able, competent and humane and who would permeate not only into the sports system of our country, but also of the world as a whole, so as to meet the challenges of ever-evolving field of sports.



The pandemic of COVID-19 has led to an unprecedented public health crisis for the world. The pandemic has challenged the students as well as others in the education sector. As we brace ourselves for the challenges and look for opportunities and re-imagining our education systems, enabling our students to become adaptable, resilient, ethical and purposeful is of utmost importance.

At NSU, we believe in a holistic interwoven approach to learning as essential for a transformation and cutting-edge university experience. These teaching and learning methods help students to become employable for various sectors, ranging from sports coaching, teaching, research, management, sports science, media etc.

I am proud to share that, despite the challenges thrown up by COVID-19, NSU has adapted the blended method of teaching and learning and completed all the academic activities successfully for all the semesters in the previous academic year. This was only possible with the untiring efforts of our highly skilled and experienced faculty and indomitable will of our students to learn. The university has also successfully organized online curricular and co-curricular activities. NSU also organises various national and international seminars, webinars and special lectures in association with institutes of national repute and invite sports experts, trainers, coaches and famous personalities from India and abroad to broaden and challenge the learning experience of the students.

While a world class campus of the University is under construction at a beautiful location in Manipur surrounded by green mountains and forests, its temporary campus is situated in the Kuman Lampak Sports Complex at Imphal, Manipur. Manipur is one of India's blessed states with scenic and natural beauty. Manipur, also known as the powerhouse of sports, has produced several world class athletes and the students get the unique opportunity to meet these and several others athletes here and get inspired to achieve excellence in their chosen field. The University's unique location also provides a unique opportunity to explore the various facets of cultural and social life in Manipur, which is also known for its rich art and culture apart from its scenic and natural beauty.

I, on behalf of National Sports University, assure you that we will help you pursue your goals and realize your full potential. I wish the students a bright and fulfilling future.


(R.C. Mishra)



1. National Sports University At A Glance

1.1 Introduction

The National Sports University, Manipur was set up in 2018, with a tentative project cost of over Rs.500 crores. The University is presently functional from its temporary campus at the Khuman Lampak Sports Complex, Imphal. Prime Minister Shri Narendra Modi has already laid the foundation stone for the University's proposed 325 acre campus at Imphal West, on 16th March 2018. Dr. Najma Heptulla, Governor of Manipur, Shri N. Biren Singh, Chief Minister, Manipur, Col. Rajyavardhan Rathore (Retd.), AVSM, Minister of State (Independence Charge) Youth Affairs & Sports were also present on the occasion of laying of Foundation Stone of the University. The construction work is underway at the proposed site.

A state like Manipur which has produced many sportspersons of international repute, more than deserves a state-of-the-art sports university which will further give the much-needed push to produce more prodigies.

NSU is the first Central University to be set up in India with the objectives of focusing on sports education and producing top athletes, sports scientists, and physical educationists.

The university would be organized under four schools:

- i. **School of Sports Science and Sports Medicine:** Sports Physiology and Nutrition, Sports Biomechanical Science. Sports Psychology, Sports Biomechanics and Movement Sciences, Preventive and Rehabilitative Sciences, Sports Medicine, Disability Sports and Adventure Sports.
- ii. **School of Sports Management and Technology:** Departments of Sports Management and Digital Media, Sports Technology and Architecture.
- iii. **School of Sports Education and Coaching:** Departments of Physical Education, Sports Coaching.
- iv. **School of Interdisciplinary Studies:** Departments of Languages, Sports Sociology, Peace and Development.

The National Sports University will have the flexibility to open new schools/departments in consonance with the advances and developments in sports science, sports medicine, and allied areas.

The University, once developed, will be the first one of its kind to promote sports education in the areas of sports sciences, sports technology, sports management, and sports coaching. It will also function as the national training centre for selected sports disciplines by adopting the best international practices by signing Memoranda of Understanding (MoU) with international universities. The Ministry of Youth Affairs and Sports has already signed MoUs with the Universities of Canberra and Victoria in April 2017.

1.2 Motto

Sports Excellence through Education.

1.3 Vision

Be the best and lead the rest in the sports education, research and training across the globe.

1.4. Mission

To promote sports education in the areas of sports sciences, sports technology, sports management and sports coaching besides functioning as the national training centre for select sports disciplines by adopting best international practices.



1.5 Key Functions

The National Sports University has distinctive approaches to academics, research, athletic performance, and extension services, which sets it apart from the other universities or institutions of higher education.

i. Academics: The University shall impart undergraduate, postgraduate, and doctoral programmes in Sports Coaching, Sports Sciences, and Physical Education in various disciplines.

Specialised degree programmes in various disciplines of Sports Education and Coaching are also envisaged for the future.

ii. Research: NSU shall focus on collaborating with leading researchers within and outside the country to undertake pioneering research programmes and exchange information in various research areas, particularly in the field of sports coaching and performance enhancement of athletes.

iii. Performance: One of the significant functions of the University shall be to conduct sports training programmes to enable athletes to enhance their performance and attain excellence in sports.

iv. Serving the Community: Providing extension services to the local community with the objectives of improving their health and lifestyle as well as giving impetus to sports of local origin like Sagol Kangjei (polo), Thang Ta (Manipuri martial art), Yubi Lakpi (rugby), Mukna, Kang, etc. shall also be one of the key functions of NSU.

1.6 Partners

NSU, Manipur shall create partnerships with national and international institutions/ universities to synergize its efforts and establish new benchmarks for quality. These partnerships shall secure inputs from larger pools of expertise and provide better access to other resources which, in turn, may benefit NSU in the conduct of advanced research, imparting innovative education, and introducing the latest training techniques in the field of sports coaching.

National Partners: The national partners of NSU like the Sports Authority of India, Lakshmibai National Institute of Physical Education, Gwalior, etc. shall work closely to provide NSU robust inputs on various aspects of sports education and coaching and help develop the University into a national Centre of Excellence for sports technology. This, in turn, is expected to help achieve excellence in sports performance.

International Partners: In addition to forging partnerships with National Institutions within the national sporting system, external partnerships shall be sought to bring in specific expertise and to ensure achievement of high performance in sports. International collaborations in the form of Memoranda of Understanding and bilateral cooperation agreements are essential as they would enable NSU, Manipur to expand beyond the geographical boundaries of India and have an impact abroad.

NSU, will also collaborate with the universities known for their excellence in sports with the help of modern sports facilities that are available with universities such as the Victoria and Canberra Universities of Australia, Nippon and Tsukuba Universities in Japan, University of Cologne in Germany.

A well-planned road map and the modalities of linking NSU with various other institutes / universities will be chalked out in due course of time.



1.7 Campus

The National Sports University has its temporary campus located in Khuman Lampak, Imphal at about 10 kilometers from the Imphal airport, in the state of Manipur.



1.8 Co-curricular & Extra-curricular Activities

NSU promotes co-curricular and extra-curricular activities as they play a significant role in developing a student's holistic personality. With a little something for everyone, you're sure to find something you'll enjoy!

Co-curricular activities like the NCC, educational tours, Leadership Training Camps, Outreach Activities, Adventure Camps, etc. undertaken by NSU along with curricular activities, supplement the latter and teach students the art of living and working together.

Extra-curricular activities help develop the intellectual, emotional, and moral facets of students. The University provides extra-curricular activities through its Cultural Club and Literary Society. Such activities provide students an opportunity to participate in dramatics, music, debates, symposia, quiz competitions, youth festivals, etc.

1.9 Sports Participation

Competitive sports are an integral part of the academic programme of the University. The students may directly participate in the Inter University Tournaments in various games and sports as also at different levels as per the University policy.



2. Programmes Overview

The University offers the following programmes at the undergraduate and postgraduate level for the academic year 2021-2022 to cater to the growing demand of Coaches, Physical Education Teachers and Sport Scientist, in Schools and other Institutions.

Admission to the University is based on the performance of candidates in the **National Sports University Entrance Examination (NSUEE) 2021**, Physical Fitness and Game Proficiency Test/Viva-Voce and level of Sports Participation. The **National Testing Agency (NTA)** is an Examination conducting body and will conduct the NSUEE 2021.

Quick facts on the undergraduate and postgraduate programmes on offer for the academic year 2021-2022 are given below:

LEVEL	NAME OF PROGRAMME	DEGREE	DURATION		NO. OF SEATS
			Years	Sem	
POSTGRADUATE	Master of Science in Sports Coaching	M.Sc.(Sports Coaching)	2	4	15
	Master of Arts in Sports Psychology	M.A. (Sports Psychology)	2	4	15
	Master of Physical Education and Sports	MPES	2	4	30
UNDERGRADUATE	Bachelor of Science in Sports Coaching	B.Sc. (Sports Coaching)	4	8	50
	Bachelor of Physical Education and Sports	BPES	3	6	50

2.1 Postgraduate Programmes

2.1.1 Master of Science in Sports Coaching (M.Sc. Sports Coaching)

Overview: The postgraduate programme in Sports Coaching provides training in coaching theory, methods, and ethics through both course work and independent research. It aims to provide students with the opportunity to learn and develop their coaching skills and prepare them for the world of professional coaching.

A candidate is required to complete the Course and pass the final examination within four academic years from his/her first admission to M.Sc. Sports Coaching.

- Name of the Degree: M.Sc. (Sports Coaching)
- Duration: 2 years
- Semester: 4 semesters
- No. of seats: 15

Sports Discipline: Athletics, Badminton, Football and Weightlifting.

Eligibility Criteria:

- Essential:** Any individual who possesses a Graduate degree with Diploma/PG Diploma in Sports Coaching or B.P.Ed./BPES/B.Sc. Sports Coaching (Three Years) with Diploma in Sports Coaching or B.Sc. Sports Coaching of 4 years or equivalent.



- 50% aggregate marks for UR, EWS, OBC categories, Kashmiri Migrants & Kashmiri Pandit/Kashmiri Hindu Families (Non-Migrants) living in Kashmir valley.
- 45% aggregate marks for SC/ST category.

ii. Desirable: Sports Participation: One Senior National/All India Inter-university Participation.

Career Outcome: There is high demand for innovative, qualified, and well-informed sports coaches, in all sectors of domestic and international sports. Graduates typically go on to become teacher or trainers in educational institute, fitness centre managers, school sports teachers, sports coaches and sports therapist.

Details of Admission Tests: The Admission Tests for M.Sc. Sports Coaching consists of five segments, viz., NSUEE, Physical Fitness (ANNEXURE – A (I - IV), Game Proficiency (ANNEXURE – B), Weightage of Sports Achievement (ANNEXURE - C) and Viva-Voce.

Note: While applying for admissions, candidate should read the General Instructions for Admissions given at Point 5.2.

Admission Criteria:

Sl.No.	Components of Admission Test	Marks
(a)	NSUEE	100 marks
(b)	Physical Fitness	25 marks *
(c)	Game Proficiency	25 marks *
(d)	Sports Achievement	30 marks
(e)	Viva-Voce	20 marks
	TOTAL	200

**Physical Fitness and Game Proficiency will be tested at selected centres in different regions of the country subject to the pandemic situation.*

Offered Disciplines: The disciplines in which M.Sc. (Sports Coaching) programme is offered are Athletics, Badminton, Football and Weightlifting.

Admission Procedure: Admission shall be made on merit basis as per the policy of the University.

Subject Areas: At the stage of admission procedure, the following test will be conducted:

Sl.No.	Component of the admission Test	Marks
(a)	The NSUEE comprise of General Awareness (10 marks), Aptitude (10 marks), Sport Science (40 marks) and Specialized Sport Knowledge (40 marks) that is being opted by the candidate.	100
(b)	Physical Fitness	25*
(c)	Games Proficiency (Skill Test & Playing Ability)	25*
(d)	Sports Achievement	30
(e)	Viva-Voce	20
	TOTAL	200

NOTE: -

- The NSUEE will be of 100 marks and the duration of the test is 120 mins.
- The questions will be Multiple Choice Questions.
- Appearance in NSUEE, Physical Fitness, Game Proficiency & Viva-Voce is mandatory in order to be



eligible for consideration for admission.

iv. Rank list will be prepared as per the total marks obtained in five segments mentioned above in the criteria.

Syllabus for NSUEE for M.Sc. Sports Coaching

Section A

- i. Meaning, Definitions, Need, Importance, Objectives & Principles of Sports Coaching.
- ii. Foundations of Sports Culture: Biological, Sociological, Psychological. Scientific basis of Sports Coaching, Exercise Science and Sport.
- iii. Meaning, need and importance of fitness and wellness.
- iv. Career Avenues; National and International awards and Honors.
- v. Meaning, Definitions, need & importance of anatomy, physiology, biomechanics, kinesiology & physiology of exercise.
- vi. Structure and functions on the following systems: Cardiovascular System, Digestive System, Respiratory System, Nervous System, Endocrine System and Excretory System. Effects of exercise on the above systems.
- vii. Meaning of management; sports management. Meaning of teaching, coaching, officiating. Careers in Sports Coaching.
- viii. Fundamental skills, and rules & regulations in specified sports.
- ix. Grounds: Preparation and marking of standard play areas and courts in sports; and athletic track. Latest sporting events. General knowledge related to games & sports.
- x. Definition of first aid, Danger, Response, Airway, Breathing and Circulation (DRABCH) of first aid, Cardiopulmonary Resuscitation (CPR).
- xi. Introduction to Sport Psychology: Meaning and scope, Importance, relationship with other sport sciences.
- xii. Growth & Development: Concept of growth & development, physical and motor development, mental development.
- xiii. Importance, definition, aims and objectives, characteristics & principles of sports training.
- xiv. Components of health and sports related fitness.
- xv. Olympic Games, Asian Games, Commonwealth Games, National Games, Indian Olympic Association (IOA), International Olympic Committee (IOC), World Anti-Doping Agency (WADA).
- xvi. Teaching Aptitude.

Section B

Sports Specific knowledge of your Specialized Sports, Sports persons, Awards & Honours, Tournament & Trophies, Sports Personalities, Sports Administrators, Sports Federation (National & International), Sports Polices, and Sports Abbreviations. Rules & regulation of the Sports, Sports Equipments, Sports Terminology, Sports Infrastructure & stadias measurement of field & court of the specialized sports, sports technology, techniques, tactics, officiating, coaching, organization and administration.



2.1.2 Master of Arts in Sports Psychology (M.A.S.P)

Overview: This two-year postgraduate programme trains students to understand how the mind can impact human behavior and competitive sport performances. It is designed to equip students with the skills to measure psychological performance in a variety of sporting contexts, and the techniques essential for improving relevant psychological factors.

A candidate is required to complete the Course and pass the final examination within four academic years from his/her first admission to M.A. Sports Psychology.

- i. Name of the Degree: M.A. (Sports Psychology)
- ii. Duration: 2 years
- iii. Semester: 4 semesters
- iv. No. of seats: 15

Eligibility Criteria:

i. Essential: Any individual who possesses a Bachelor's Degree with B.P.Ed./B.A. (Hons.) in Psychology/ BPES/B.Sc. (Sports Coaching) or any other Bachelor's Degree with Psychology/Sports Psychology as one of the subjects.

- 50% aggregate marks for UR, EWS, OBC categories, Kashmiri Migrants & Kashmiri Pandit/Kashmiri Hindu Families (Non-Migrants) living in Kashmir valley.
- 45% aggregate marks for SC/ST category.

ii. Desirable: Participation in any Sports/Games.

Career Outcome: Graduates of this programme can look forward to teaching, or a career as a researcher or a counsellor or a therapist.

Details of Admission Tests: The Admission Tests for M.A. Sports Psychology consists of three segments, viz., NSUEE, Weightage in Sports Achievement (ANNEXURE - C) and Viva-Voce.

Note: While applying for admissions, candidate should read the General Instructions for Applying Online given at Point 5.2.

Admission Criteria:

Sl.No.	Components of Admission Test	Marks
(a)	NSUEE	100 marks
(b)	Sports Achievement	30 marks
(c)	Viva-Voce	20 marks
	TOTAL	150

Admission Procedure: Admission shall be made on merit basis as per the policy of the University.

Subject Areas: The NSUEE shall comprise of general awareness, sport science and specialized sport knowledge that is being opted by the candidate.

Sl.No.	Component of the Admission Test	Marks
(a)	The NSUEE shall comprise of Sports Awareness (10 marks), Reasoning (10 marks), Aptitude (10 marks) & Introduction to Psychology (70 marks)	100
(b)	Sports Achievements	30
(c)	Viva-Voce	20
	TOTAL	150



Note:

- i. The NSUEE will be of 100 marks and the duration of the test is 120 minutes.
- ii. The questions will be Multiple Choice Questions.
- iii. Rank list will be prepared as per the total marks obtained in three segments mentioned above in the criteria.

Syllabus for NSUEE for M.A. in Sports Psychology:

- i. General Awareness (Sports Awareness, Reasoning, Aptitude).
- ii. Meaning, Definition, Importance and Scope of Psychology.
- iii. Meaning, Types and Theories of Motivation, Emotion.
- iv. Meaning, Definition, and Theories of Personality. Group Dynamic, Team Cohesion and Leadership.
- v. Psychological consideration and Sports Performances (Stress, Anxiety, Aggression), Stress and its coping mechanism.
- vi. Cognitive processes, Intelligence and Learning.
- vii. Biological basis of behavior.
- viii. Mood disorders – Unipolar Disorder, Bipolar Disorder, Depression: Dysthymic Disorder and Major Depression.

2.1.3 Master of Physical Education and Sports (M.P.E.S)

Overview: The postgraduate programme in Physical Education and Sports is designed for students to gain specialized knowledge in the areas of physical education and sports. The programme helps you chalk out your pathway to becoming an innovator in the exciting world of physical education and sports. A candidate is required to complete the Course and pass the final examination within four academic years from his/her first admission to the MPES programme.

- i. Name of the Degree: M.P.E.S
- ii. Duration: 2 years
- iii. Semester: 4 semesters
- iv. No. of seats: 30

Sports Discipline: Athletics, Archery, Badminton, Basketball, Best Physique, Boxing, Canoeing, Cricket, Cycling, Diving, Football, Fencing, Gymnastics, Handball, Hockey, Judo, Kabaddi, Kayaking, Kho-Kho, Lawn Tennis, Power Lifting, Squash Rackets, Softball, Swimming, Water Polo, Table Tennis, Track & Field, Volleyball, Weight-Lifting, Wrestling, Yoga and other games & sports which are approved and funded by MYAS/IOA.

Eligibility Criteria:

i. Essential: The Candidate must have passed the BPES (10+2+3) scheme of examination or any other equivalent examination recognized by the Government.

- 50% aggregate marks for UR, EWS, OBC categories, Kashmiri Migrants & Kashmiri Pandit/Kashmiri Hindu Families (Non-Migrants) living in Kashmir valley.
- 45% aggregate marks for SC/ST category.

ii. Desirable: Represented the Country in Olympic Games/World Championship/ World Cup/ Commonwealth Games/Asian Games/Asia Cup/Asian Championship/ Championship Trophy/SAF Games/World University Games and other championships organized by International Federations/ Associations and funded by Ministry of Youth Affairs and Sports (MYAS)/Indian Olympic Association (IOA)/National Federations/Associations recognized by the International body of the game.



The candidate must have passed BPES (10+2+3) scheme of examination or any other equivalent examination recognized by the Government with a minimum of 50% aggregate marks.

Career Outcome: This postgraduate programme in Physical Education and Sports prepares you for a career in sports and fitness-related professions as well as in the field of education. This degree will help you teach valuable skills people need to get and stay physically fit. Post Graduates in these disciplines can aspire to work in sports administration, fitness club, health clubs, law enforcement, hospitality industry, educational institutions, colleges and universities etc.

Details of Admission Tests: The Admission Tests for M.P.E.S. consists of five segments, viz., NSUEE, Physical Fitness (ANNEXURE A (I-IV)), Game Proficiency (ANNEXURE – B), Sports Achievements (ANNEXURE- C) and Viva Voce.

Note: While applying for admissions, candidate should read the General Instructions for Applying Online given at Point 5.2.

Admission Criteria:

Sl.No.	Components of Admission Test	Marks
(a)	NSUEE	100 marks
(b)	Physical Fitness	25 marks *
(c)	Game Proficiency	25 marks *
(d)	Sports Achievement	30 marks
(e)	Viva-Voce	20 marks
	TOTAL	200

**Physical Fitness and Game Proficiency will be tested at selected centres in different regions of the country subject to the pandemic situation.*

Admission Procedure: Admission shall be made on merit basis as per the policy of the University.

Subject Areas: At the stage of admission procedure, the following test will be conducted:

Sl.No.	Component of the Admission Test	Marks
(a)	The NSUEE shall comprise of General Awareness (10 marks), Aptitude (10 marks), BPES Course Related Subjects (60 marks) and Sport Knowledge (20 marks) that is being opted by the candidate during Practical Classes.	100
(b)	Physical Fitness	25*
(c)	Games Proficiency (Skill Test & Playing Ability)	25*
(d)	Sports Achievement	30
(e)	Viva-Voce	20
	TOTAL	200

NOTE: -

- The NSUEE will be of 100 marks and the duration of the test is 120 minutes.
- The questions will be Multiple Choice Questions.
- Appearance in NSUEE, Physical Fitness (ANNEXURE- A (I-IV)), Game Proficiency (ANNEXURE – B) & Viva-Voce is mandatory in order to be eligible for consideration for admission.
- Rank list will be prepared as per the total marks obtained in five segments mentioned above in the criteria.



Syllabus for NSUEE for M.P.E.S:

- i. Meaning, Definitions, Need, Importance, Objectives & Principles of Physical Education.
- ii. Foundations of Physical Education: Biological, Sociological, Psychological. Scientific basis of Physical Education, Exercise Science and Sport.
- iii. Meaning, need and importance of fitness and wellness.
- iv. Career Avenues; National and International awards and Honors.
- v. Meaning, Definitions, need & importance of anatomy, physiology, biomechanics, kinesiology & physiology of exercise in Physical Education.
- vi. Structure and functions on the following systems: Cardiovascular System, Digestive System, Respiratory System, Nervous System, Endocrine System and Excretory System. Effects of exercise on the above systems.
- vii. Meaning of management; sports management. Meaning of teaching, coaching, officiating. Careers in Physical Education & Sports.
- viii. Fundamental skills, and rules & regulations in various games and sports.
- ix. Grounds: Preparation and marking of standard play areas and courts in sports; and athletic track. Latest sporting events. General knowledge related to games & sports.
- x. Health-meaning, dimensions of health and their interrelationships, factors influencing health.
- xi. Health Education- meaning, scope, aims and objectives, principles, methods and media used in health education, Hygiene. Nutrients- sources, functions and requirements, balanced diet.
- xii. Definitions, causes including the mode of spread and prevention of communicable and noncommunicable diseases. Immunization schedule.
- xiii. Definition of first aid, Danger, Response, Airway, Breathing and Circulation (DRABCH) of first aid, Cardiopulmonary Resuscitation (CPR).
- xiv. Introduction to Sport Psychology: Meaning and scope, Importance, relationship with other sport sciences.
- xv. Growth & Development: Concept of growth & development, physical and motor development, mental development.
- xvi. Importance, definition, aims and objectives, characteristics & principles of sports training 17. Components of health and sports related fitness.
- xvii. Olympic Games, Asian Games, Commonwealth Games, National Games, Indian Olympic Association (IOA), International Olympic Committee (IOC), World Anti-Doping Agency (WADA).
- xviii. Teaching Aptitude.
- xix. Meaning, Definitions, Need, Importance, Objectives & types of Research in Physical Education.
- xx. General Knowledge (National & International) General knowledge on Sports Events, Sports persons, Awards & Honours, Tournament & Trophies, Sports Personalities, Sports Administrators, Sports Federations (National & International), Sports Polices, Sports Abbreviations, Rules of games & Sports, Sports Equipments, Sports Terminology, Sports Infrastructure &stadias measurement of field & court of various sports/games, sports technology.



2.2 Undergraduate Programmes

2.2.1 Bachelor of Science in Sports Coaching (B.Sc. Sports Coaching)

Overview: B.Sc. in Sports Coaching focuses on coaching methods and theories among other aspects like sports techniques, exercise physiology, teaching methods, etc. The programme will help the students develop a unique combination of skills, knowledge, and expertise in Sports Coaching.

A candidate is required to complete the Course and pass the final examination within eight academic years from his/her first admission to B.Sc. (Sports Coaching) programme.

- i. Name of the Degree: B.Sc. (Sports Coaching)
- ii. Duration: 4 years
- iii. Semester: 8 semesters
- iv. No. of seats: 50

Sports Discipline: Archery, Athletics, Badminton, Boxing, Football, Shooting, Swimming and Weightlifting.

Note: The candidate shall choose the game/sports he/she intends to specialize and shall not be permitted to change the game/ sports once he/she is admitted to B.Sc. (Sports Coaching) programme.

Eligibility Criteria:

- i. **Essential:** The Candidate must have passed the Higher Secondary (10+2) scheme of examination or any other equivalent examination recognized by the Government.
 - 45% aggregate marks for UR, EWS, OBC categories, Kashmiri Migrants & Kashmiri Pandit/ Kashmiri Hindu Families (Non-Migrants) living in Kashmir valley.
 - 40% aggregate marks for SC/ST category.
- ii. **Essential:** The Candidate must have represented the country in Olympic Games/ World Championship/ World Cup/ Commonwealth Games/ Asian Games/ Asia Cup/ Asian Championship/Championship Trophy/ SAF Games/World University Games/ Khelo India/SGFI and other championships organized by International Federations/ Associations and funded by MYAS/ IOA/ National Federations/Associations recognized by the International body of the game

Career Outcome: Career opportunities to the graduates of this programme include options to work as a sports coach with state and national organizations or private clubs, private sport coaching consultant, specialist sport coaches in private schools, personal trainer, etc.

Details of Admission Tests: The Admission Tests for B.Sc. Sports Coaching of four segments, viz., NSUEE, Physical Fitness (ANNEXURE – A (I-IV)), Game Proficiency (ANNEXURE – B) and Sports Achievements (ANNEXURE-C).

Note: While applying for admissions, candidate should read the General Instructions for Applying Online given at Point 5.2.

**Admission Criteria:**

Sl.No.	Components of Admission Test	Marks
(a)	NSUEE	100 marks
(b)	Physical Fitness	40 marks *
(c)	Game Proficiency	50 marks *
(d)	Sports Achievement	30 marks
	TOTAL	220

**Physical Fitness and Game Proficiency will be tested at selected centres in different regions of the country subject to the pandemic situation.*

Admission Procedure: Admission shall be made on merit basis as per the policy of the University.

Subject Areas: At the stage of admission procedure, the following test will be conducted:

Sl.No.	Component of the Admission Test	Marks
(a)	The NSUEE shall comprise of General Awareness (20 marks), Specialized Sport (being opted by the Candidate) (30 marks), Sports Specific General Knowledge (30 marks) and English Proficiency (20 marks)	100
(b)	Physical Fitness	40
(c)	Games Proficiency (Skill Test & Playing Ability)	50
(d)	Sports Achievement	30
	TOTAL	220

NOTE: -

- The NSUEE will be of 100 marks and the duration of the test is 120 mins.
- The questions will be Multiple Choice Questions.
- Appearance in the NSUEE, Physical Fitness and Game Proficiency is mandatory in order to be eligible for consideration for admission.
- Rank list will be prepared as per the total marks obtained in four segments mentioned above in the criteria.

2.2.2 Bachelor of Physical Education and Sports (B.P.E.S)

Overview: Bachelor of Physical Education and is designed for students to gain specialized knowledge in the areas of physical education and sports. The programme helps you chalk out your pathway to becoming an innovator in the exciting world of physical education and sports. A candidate is required to complete the Course and pass the final examination within six academic years from his/her first admission to the BPES programme.

- Name of the Degree: B.P.E.S
- Duration: 3 years
- Semester: 6 semesters
- No. of seats: 50

Sports Discipline: Athletics, Archery, Badminton, Basketball, Best Physique, Boxing, Canoeing & Kayaking, Cricket, Cycling, Diving, Football, Gymnastics, Handball, Hockey, Judo, Kabaddi, Kho-Kho, Lawn Tennis, Power Lifting, Squash Rackets, Softball, Swimming, Water Polo, Table Tennis, Track & Field, Volleyball, Weight-Lifting, Wrestling, Yoga and other games & sports which are approved and funded by Ministry of Youth Affairs and Sports (MYAS)/Indian Olympic Association (IOA).

**Eligibility Criteria:**

i. **Essential:** The Candidate must have passed the Higher Secondary (10+2) scheme of examination or any other equivalent examination recognized by the Government.

- 45% aggregate marks for UR, EWS, OBC categories, Kashmiri Migrants & Kashmiri Pandit/Kashmiri Hindu Families (Non-Migrants) living in Kashmir valley.
- 40% aggregate marks for SC/ST category.

Desirable Qualification: Represented the country in Olympic Games/World Championship/ World Cup/Commonwealth Games/Asian Games/Asia Cup/Asian Championship/ Championship Trophy/ SAF Games/ World University Games/ Khelo India/ SGFI and other championship organized by International Federations/Associations and funded by Ministry of Youth Affairs and Sports (MYAS)/Indian Olympic Association (IOA) /National Federations/Associations recognized by the International body of the game. As per their sports achievement, the candidates get a score which is mentioned in ANNEXURE-C

Career Outcome: This undergraduate programme in Physical Education and Sports prepares you for a career in sports and fitness-related professions as well as in the field of education. This degree will help you teach valuable skills people need to get and stay physically fit. Graduates in these disciplines can aspire to work in sports administration, fitness club, health clubs, law enforcement, hospitality industry, educational institutions, etc.

Details of Admission Tests: The Admission Test for B.P.E.S consists of four segments, viz., NSUEE, Physical Fitness (ANNEXURE – A (I-IV)), Game Proficiency (ANNEXURE – B) and Sports Achievements (ANNEXURE – C).

Note: While applying for admissions, candidate should read the General Instructions for Applying Online given at Point 5.2.

Sl.No.	Components of the Admission Test	Marks
(a)	NSUEE	100 marks
(b)	Physical Fitness	40 marks *
(c)	Game Proficiency	50 marks *
(d)	Sports Achievement	30 marks
	TOTAL	220

**Physical Fitness and Game Proficiency will be tested at selected centres in different regions of the country subject to the pandemic situation.*

Admission Procedure: Admission shall be made on merit basis as per the policy of the University.

Subject Areas: At the stage of admission procedure, the following test will be conducted:

Sl.No.	Component of the Admission Test	Marks
(a)	The NSUEE shall comprise of General Awareness (20 marks), Sports Specific General Knowledge (60 marks) and English Proficiency (20 marks)	100
(b)	Physical Fitness	40
(c)	Games Proficiency (Skill Test & Playing Ability)	50
(d)	Sports Achievement	30
	TOTAL	220



NOTE: -

- i. The NSUEE will be of 100 marks and the duration of the test is 120 minutes.
- ii. The questions will be Multiple Choice Questions.
- iii. Appearance in the NSUEE, Physical Fitness and Game Proficiency is mandatory in order to be eligible for consideration for admission.
- iv. Rank list will be prepared as per the total marks obtained in four segments mentioned above in the criteria.

3. Admission Schedule

Admission Schedule: The admission schedule for Undergraduate and Postgraduate courses shall be as follows:

Admission Timeline	Dates
Commencement of Registration & Online Application	28 th July 2021
Last Date for Submission of Online Application	19 th August 2021
Date of Online Based Examination (MCQs)	10 th September 2021*
Date of Result declaration of Online Based Examination (MCQs)	16 th September 2021*
Physical Fitness, Game Proficiency Test, Viva-Voce, Medical Fitness Test and Document verification	22 nd -24 th September 2021*
Results Declaration	27 th September 2021*
Date of Registration & Payment of Fees	28 th September to 3 rd October 2021*
Commencement of Classes	4 th October 2021*

* Tentative and subject to change. For the entrance examination schedule, visit NTA's website, and for other information, visit NSU website.

4. Admission Rules

The Admission Rules as framed by the University from time to time shall be applicable for all admissions. All decisions taken by the University in this regard shall be final. The candidates are advised to go through the instructions given in the Admission Application Form as well as in the Prospectus before submission of application.

i. For the commencement of any Undergraduate or Postgraduate programmes, a minimum of 5 students is required. In the absence of 5 students, the fee will be refunded to the student and the programme will not be launched.

ii. Age Limit:

(a) The Minimum Age limit for B.Sc. (Sports Coaching) Programme is 17 years as of 1st July 2021.

(b) The upper age limit for seeking admission to BPES is 23 years as of 1st July 2021.

(c) The relaxation in age shall be as per the rule of the Government of India.

(d) The Hon'ble Vice-Chancellor may relax the minimum age criterion at his/her discretion.

(e) There is no age bar for any other programme.

iii. Merely appearing in NSUEE 2021 does not confer any right to the Candidate for admission to the NSU. The selection and admission to NSU are subject to fulfilling the Admission Criteria, Eligibility, Rank in Merit List, Medical Fitness, verification of original documents, and such other criteria as may be prescribed by the University.

4.1 Reservation Policy

For admission to any programme offered by NSU, the reservation policy given below shall be applicable or as per the reservation policy of the govt of india

For admission to any programme offered by NSU, the reservation policy of the Government of India, as given below, shall be applicable:

Reservation of Seats	
Category	Percentage of Reservation
Scheduled Caste	15
Scheduled Tribe	7.5
Other Backward Classes	27
The wards of Kashmiri Migrants and Kashmiri Pandit/Kashmiri Hindu Families (Non-Migrants) living in Kashmir valley (Supernumerary)	PG Courses – 1 each UG Courses – 2 each
Economically Weaker Section (EWS) (Supernumerary) *Proper documents to be provided	10

Note:

i. The benefit of reservation for admission to Central Educational Institutions (CEIs) shall be given only to those classes/castes/tribes which are in the respective Central List published by the Government of India from time to time.

ii. Other Backward Classes - Non-Creamy Layer (OBC-NCL) are as per the Central list of Other Backward



Classes available on National Commission for Backward Classes (NCBC), Government of India website www.ncbc.nic.in. Thus, the candidates falling in this list may mention OBC in the Category Column. State list OBC Candidates who are not in OBC-NCL (Central List) must not choose OBC-NCL.

iii. Economically Weaker Section (EWS) - This provision would be regulated as per the OM No. 20013/01/2018-BC-II dated 17 January 2019 issued by the Ministry of Social Justice and Empowerment and the OM No. 12-4/2019-U1 dated 17.01.2019 as well as the Letters No 35-2/2019-T.S.I dated 21.01.2019, 01.02.2019, 04.02.2019 and 15.02.2019 of Ministry of Education, Department of Higher Education regarding implementation of reservation for Economically Weaker Section (EWS) for admission in Central Educational Institutions (CEIs).

iv. One seat for Postgraduate Programmes (supernumerary) and two seats for Undergraduate Programmes (supernumerary) is provided for registered Kashmiri Migrants. Candidates registered with different State Govts. should produce proof of registration in original at the time of Counselling to NSU.

v. If a candidate claims that he/she belongs to a reserved category in the Admission Application Form but fails to submit documents supporting the claim to the satisfaction of the University at the time of admission, then his/her Provisional Selection to that category shall stand cancelled automatically.

4.2 Direct Admission for International Athletes

i. International athletes are eligible for Direct Admission to all the undergraduate and postgraduate programmes offered by NSU provided that they have participated in Olympic Games, Asian Games, Commonwealth Games, South Asian Games, Youth Olympics, Commonwealth Youth Games, Asian Youth Games, World Championships, Asian Championships, and Commonwealth Championships in the disciplines included in Olympic Games, Asian Games, and Commonwealth Games, provided they fulfill the minimum educational eligibility criteria. Tuition fee waiver for athletes who have participated in international competitions may be considered for admission based on their participation / achievement in such events during the last three years.

ii. All such candidates who wish to be considered for direct admission shall mandatorily apply on NSU/NTA website and upload all the documents along with the Sports Participation Certificate.

iii. It is expected from the selected Candidate to represent NSU in the game in which he/she has represented the country.

4.3 Women Candidates

i. 30% of seats are reserved for women candidates, however if the seats do not get filled, male students would be admitted.

ii. Married girl is eligible for admission.

iii. In the event of a married student conceiving during the course, she shall discontinue her studies for at least one academic year.

iv. She may re-join the same course afresh from the beginning of the semester she had discontinued her studies, provided the University guidelines pertaining to the maximum duration of the course is adhered to.

v. Under no circumstances will she be permitted to keep the infant along with her in the Hostel.

4.4 Foreign Candidates

Foreign candidates applying through Proper Channels/Diplomatic Channels i.e. through concerned



Embassy or Indian Council for Cultural Relations shall only be admitted on the basis of their credentials, attainment of minimum qualifying marks in admission test and meeting acceptable standards in medical examination.

4.4.1 Fee Structure

Fee structure for Undergraduate programme is given at Annexure – M2 and for Postgraduate programme is given at Annexure – N2.

5. Admission Process

5.1 How to Apply for Online Admission

i. Online Availability of Admission Details: The admission details are available in the Prospectus of the University, available on the website of NSU, www.nsu.ac.in. Candidates may apply for NSUEE 2021 in “Online” Mode ONLY by accessing the NTA website <http://nsu.nta.ac.in/>. The Application Form other than the online mode would not be accepted, in any case.

In order to appear in NSUEE 2021, the candidates are required to apply online as per the procedure detailed below. Before filling and submitting the online form, candidates should download the Information Bulletin and Replica of Application Form; and read them carefully. Candidates must follow the instructions strictly as given in the Information Bulletin and on the NTA's website <http://nsu.nta.ac.in/>. Application Forms not complying with the instructions are liable to be rejected.

ii. If any candidate is applying for more than one Course, they should register separately using a separate E-mail ID & phone number and submit the application form for the applied course.

iii. Eligibility to apply: A candidate who wishes to apply for any of the programmes offered by NSU, Manipur, may read the eligibility criteria and general conditions for admission and satisfy himself/herself about his/her eligibility to apply. Eligibility criteria for each courses are given in the points 2.1.1, 2.1.2, 2.1.3, 2.2.1 and 2.2.2 of the Prospectus.

iv. Apply Provisionally: If the candidate is appearing in a qualifying examination and the result thereof is awaited, he/she can apply. However, Admission will be subject to meeting the eligibility criteria on the date of admission.

v. Online Application Fee: The online application fee is Rs. 1000/- per course. However, if the candidate desires to apply for another programme (provided the required eligibility criteria is fulfilled), he/she must follow the above steps using a different e-mail id and phone number and pay the fee separately for the new Programme. The cost of online application shall not be reimbursed under any circumstances.

vi. Queries: For any queries, regarding admission form, please write to NTA at nsu@nta.ac.in or contact 0120-6895200 or 011-40759000 between 10:00 A.M. and 5:00 P.M. For any other queries, please write to nsuadmissionsoff@gmail.com.

Contact Persons for course-related queries (10:00 am to 5:00 pm):

- B.Sc. & M.Sc. (Sports Coaching): Mr. K. Ravi Shankar, Mobile No: +91-9863010030
- M.A. Sports Psychology: Dr. Kuldeep Singh, Mobile No: +91-9876435569
- B.P.E.S. & M.P.E.S.: Dr. N. Amitrasen Singh, Mobile No: +91-8928326712



5.2 General Instructions for Applying Online

Candidate must download Information Bulletin and Replica of Application Form from the NSU/NTA website <http://nsu.ac.in/> or <http://nsu.nta.ac.in/>. Read these carefully to ensure your eligibility.

Candidates must follow the steps given below to Apply Online:

Step-1: Register for Online Registration using your own E-mail ID and Mobile No. and note down the system generated Application Number. Candidates are advised to register using their valid E-mail Id and to check their E-mail regularly including the Spam folder. Candidates will NOT be sent Admit Card for the NSUEE 2021 by post.

Note: All further communications from the University will be made via the candidate's registered E-mail ID and notification on University website. Hence, valid E-mail ID must be used for registration.

Step-2: Complete the Online Application Form and note down the system generated Application Number.

Step-3: Upload legible scanned images of:

- i. A recent photograph (in jpg/jpeg file, size 10Kb – 200Kb) either in colour or black & white with 80% face (without mask) visible including ears against a white background;
- ii. Candidate's signature (file size: 4kb - 30kb);
- iii. Reserved Category Certificate, if applicable (file size 50 kb-300 kb).
- iv. Sports Participation Certificate (Highest level), if applicable (file size 50 kb-300 kb).

Step-4: Pay the fee using the Payment Gateway(s) integrated to the Online Application through Net Banking / Debit / Credit Card / UPI / Wallet/ Paytm and keep proof of fee paid.

Note: All 4 Steps can be done together or at separate timings.

Step-5: After (successful completion of Step-4, the Confirmation Page of the Application Form, should be downloaded, and a printout of the same may be retained for future reference. The Confirmation Page of the online Application Form could be generated only after successful payment by the Candidate.

If the Confirmation Page is not generated after paying the prescribed fee, the Candidate should approach the concerned Bank/Payment Gateway integrator to ensure the successful payment.

In spite of the above, if a successful transaction is not reflected on the Portal, the Candidate may contact NTA Helpline numbers **0120-6895200 or 011-40759000**. Furthermore, if the payment issue is still not resolved, the Candidate may pay the application fee.

However, any duplicate payment received from the Candidate by NTA in the degree programme of said transactions will be refunded through the same payment mode through which the duplicate payment is received, after fee reconciliation by NTA.

Note: The final submission of Online Application Form will remain incomplete if Step-3 and Step-4 are not complete. Such forms will stand rejected and no correspondence on this account will be entertained.



5.3 General Information for Admission Test

The candidates appearing for Admission Tests to undergraduate and postgraduate programmes shall keep the following points in mind:

- i. **Admit Card:** Admit Card is issued provisionally to the candidates, subject to their satisfying the eligibility conditions. The Candidate has to download the Admit Card from the NTA website and appear for the Examination on Date, timing, and as per the instructions given in the Admit Card. In case a candidate is unable to download Admit Card from the website, he/she may approach the **Helpline between 10:00 A.M. and 5:00 P.M. or write to NTA at nsu@nta.ac.in.**

The candidates are advised to read the instructions given in the Admit Card carefully in advance of the examination day and follow them during the examination.

In case of any discrepancy in the particulars of the Candidate or his/her Photograph or signatures shown in the Admit Card and Confirmation Page, the Candidate may approach in advance the **Helpline numbers 0120-6895200 or 011-40759000 between 10:00 A.M. and 5:00 P.M.** In such cases candidates would appear in the Examination with the already downloaded Admit Card. However, NTA will take necessary action to make corrections in the record later.

Note:

- (a) *Candidate may please note that Admit Cards will not be sent by post.*
- (b) *Candidate must not mutilate the Admit Card or change any entry made therein.*
- (c) *Candidates are advised to preserve their Admit Cards in good condition for future reference.*
- (d) *No Admit Card shall be issued to the candidates whose Applications are found to be incomplete for any reasons (including indistinct/ doubtful photographs/unsigned Applications) or who do not fulfil the eligibility criteria for the examination.*
- (e) *Issue of Admit Cards, however, shall not necessarily mean acceptance of eligibility which shall be further scrutinized at subsequent stages of admission process.*

ii. Ineligible Candidates: Candidates not meeting the stipulated guidelines elucidated in the Eligibility Criteria for specific programmes shall not be eligible to appear in the Physical Fitness Test, Games Proficiency Test and Viva-Voce.

iii. Information such as his/her name, contact details/address, category, educational qualification details, date of birth, etc., provided by the Candidate in the online Application Form will be treated as final. Any request for change in such particulars after the closure of the correction period will not be considered by NTA.

iv. NSU and NTA disclaim any liability that may cause due to incorrect information provided by the Candidate in his/her online Application Form.

v. Candidates are advised to visit the NTA Website **<http://nsu.nta.ac.in/>** and check their e-mails regularly for the latest updates on the entrance examination and NSU Website for any latest updates and changes..

vi. The entire application process for NSUEE 2021 is online, including uploading of scanned images, payment of fees, and printing of confirmation page, admit card, etc. Therefore, candidates are not required to send/submit any document(s) including confirmation page to NTA through Post/Fax/WhatsApp/Email/by Hand.



vii. In case it is found at any time in future that the Candidate has used/uploaded the photograph and signature of someone else in his/ her Application Form/Admit Card or he/she has tampered his/her Admit Card/result, these acts of the candidate shall be treated as Unfair Means (UFM) Practices on his/her part and he/she shall be proceeded with the actions as contemplated under the provisions of the Information Bulletin relating to Unfair Means Practices.

viii. Declaration of Results for NSUEE 2021

(a) The result of NSUEE 2021 will be announced through the NTA website <http://nsu.nta.ac.in/> only in due course. The raw (actual) marks obtained by a candidate will be considered for computation of the Result of NSUEE 2021. The candidates download their Score Cards from the NTA website <http://nsu.nta.ac.in/> only.

(a) After the declaration of results of the entrance examination, NSU will conduct the Physical Fitness and Game Proficiency/Viva-Voce and Counselling for admission to Undergraduate and Postgraduate Programmes.

(a) There is no provision for rechecking/re-evaluation/re-totalling of the result/score, and no query in this regard will be entertained.

ix. Merit List

All India merit lists shall be prepared on the basis of the following:

Undergraduate Programmes:

(a) He/she should have scored at least 35% marks in the NSUEE. Only those who are qualified on the NSUEE will be called for Physical Fitness and Game Proficiency Test subject to verification of documents.

(b) He/she should have scored at least 50% aggregate in both Physical Fitness and Game Proficiency Test.

(c) Merit list will be based on the score obtained in NSUEE, physical fitness test, game proficiency, sports achievement/participation certificates.

Postgraduate Programmes: M.Sc. Sports Coaching and MPES

(a) He/she should have scored at least 45% marks in the NSUEE. Only those who are qualified on the NSUEE will be called for Physical Fitness and Game Proficiency Test subject to verification of documents.

(b) He/she should have scored at least 50% aggregate in both Physical Fitness and Game Proficiency Test.

(c) Merit list will be based on the score obtained in NSUEE, physical fitness test, game proficiency, sports achievement/participation certificate and viva-voce.

Postgraduate Programme: M.A. Sports Psychology:

(a) He/she should have scored at least 45% marks in the NSUEE.

(b) Merit list will be based on the score obtained in the NSUEE, Sports Achievement/Participation Certificate and Viva-Voce.

Note: NSU reserves the right to change the minimum qualifying marks on the recommendation of the Admission Committee.

x. Medical Fitness Test: Once the result of the Admission Test is declared, the selected candidates shall undergo a detailed Medical Examination conducted by a board of medical doctors constituted by NSU*.



**This clause is subject to change based on the pandemic situation prevailing at the time of Admission Test..*

xi. Medical Fitness: He/she must be medically fit and free from physical deformities and must be approved by any Government Medical Officer. The student has to meet all the physical requirement of sports activity as the part of the programme.

xii. Counselling: A candidate who qualified based on the merit will be called for the counseling and original document verification.

Eligibility to Appear for Counseling:

(a) The eligibility of candidates to appear in for Counselling shall be declared in their respective categories, based on the declarations made by the candidates in their application forms, which shall be purely provisional in nature. Therefore, the candidates are advised to fill-in the Admission Application Form with care.

(b) If a candidate claims that he/she belongs to a reserved category in the Admission Application Form but fails to submit documents supporting the claim to the satisfaction of the University at the time of admission, then his/her Provisional Selection to that category shall stand cancelled automatically.

xiii. Payment of Fees: The candidate shall remit tuition and hostel fee online only after the candidate has been issued a notice from the University.

xiv. Merely appearing in NSUEE 2021 does not confer any right to the Candidate for admission to the NSU.

xiv. The selection and admission to NSU are subject to fulfilling the Admission Criteria, Eligibility, Rank in Merit List, Medical Fitness, verification of original documents, and such other criteria as may be prescribed by the University.



5.4 Test Centres

Test centres for Physical Fitness, Game Proficiency, Viva-Voce, Document Verification and Medical Fitness Test shall be as follows:

Test Centres	Address	Sports
Gwalior (Madhya Pradesh)	Lakshmibai National Institute of Physical Education (LNIPE) Shaktinagar, Racecourse Road, Gwalior, Madhya Pradesh 474002	Athletics, Badminton, Football, Weightlifting, Swimming, Shooting
Kolkata (West Bengal)	Netaji Subhas Eastern Center (NSEC), Salt Lake City, Sector No.3, Kolkata- 700091 (West Bengal)	Archery, Athletics, Badminton, Boxing, Football, Swimming, Shooting, Weightlifting
Mumbai (Maharashtra)	SAI, Akurli Road, Kandivali East, Mumbai, Maharashtra	Athletics, Football
Patiala (Punjab)	Netaji Subhas National Institute of Sports (NSNIS), Old Moti Bagh, Patiala-147001, Punjab India	Archery, Athletics, Badminton, Boxing, Football, Swimming, Weightlifting
Thiruvananthapuram (Kerala)	Lakshmibai National College of Physical Education (LNCPE) Kariavattam.P.O, Thiruvananthapuram-695581 Kerala, India	Athletics, Badminton, Football, Swimming
Bangalore (Karnataka)	SAI Netaji Subhas Southern Centre, Mysore Road, Bangalore 560056	Archery, Athletics, Badminton, Boxing, Football, Swimming, Shooting, Weightlifting
Imphal (Manipur)	National Sports University, Khuman Lampak Sports Complex, Imphal, Manipur, 795001	Archery, Athletics, Badminton, Boxing, Football, Swimming, Shooting, Weightlifting

Note: Candidate applying for M.Sc. Sports Coaching, and B.Sc. Sports Coaching must choose the centre according to his/her game/sport and nearest to him/her. Candidate applying for MPES, M.A. Sports Psychology and BPES can choose any centre nearest to him/her. However, NSU reserves the right to allocate any centre to the candidates.

6. General Conditions for Admission

Any candidate wishing to apply for admission to any of the programmes offered by the University shall familiarise himself/herself with the general conditions enumerated herein.

i. Medium of Examination: The medium of examination shall be English for all the courses.

ii. Character of the Candidate: Candidates expelled from any other Board/ Institute/University or dismissed from Government service on disciplinary grounds and those who are known to have been involved in acts of crime and gross indiscipline or misconduct will not be eligible for admission. The University may approach the police for verification in this regard. After admission, at any time of the on-going programme, if a student is found guilty in this regard, his/her admission will be canceled without any notice.

iii. Furnishing False Information: Admission will be granted to the candidates at their own risk and responsibility as per details furnished by them. If, at any time, it is noticed that the admission has been obtained by giving incorrect or false information or concealing information or oversight, the admission granted will be cancelled and the candidate shall be asked to leave the University.

iv. Submission of Mandatory Documents: Once the counselling is over and the candidate is selected for a programme, he/she shall, at the time of securing admission, within the time stipulated for the purpose, submit self-attested copies of the following mandatory documents along with the original documents (for verification):

- (a) Marksheet of the qualifying examination.
- (b) Proof of date of birth (Marksheet of Secondary / Senior Secondary Examination).
- (c) Character/Conduct Certificate from the Institute/College/University last attended.
- (d) Anti-Ragging Affidavits by the candidate and his/her parents, notarized by the Notary Public, in the prescribed format, provided in Annexures D & E.
- (e) Bona fide Certificate testifying the candidate's SC/ST/OBC status, if applicable, in the prescribed format as given in Annexures F & G.
- (f) Candidates claiming reservation in the OBC Category are to submit a Declaration regarding Non-creamy Layer in the prescribed format specified in Annexure H.
- (g) Transfer Certificate & Migration Certificate from the Board/Institute/College/University last attended. Format is provided in Annexure I.
- (h) Declaration in the prescribed format given in Annexure J about the Medical Fitness of the Candidate by Self and Parents, at the time of admission.
- (i) Candidate currently in employment must apply through proper channel.
- (j) Candidates claiming reservation in the EWS Category are to submit a Certificate for EWS in the prescribed format given in Annexure - L

v. Failure to Submit Mandatory Documents: Candidates who fail to submit the mandatory documents mentioned in point no. iv by the stipulated date, even after securing a position in the merit list among the provisionally selected candidates, shall not be eligible for admission.

vi. Payment of Tuition, Uniform & Hostel Fees: The finally selected candidates shall be required to pay the fee as mentioned in the fee structure for UG and PG students under Annexures-K & L respectively. In case any selected candidate fails to deposit the fee within the stipulated period, his/her admission shall stand



cancelled and other candidates from the Waiting List shall be admitted through counselling.

6.1 Refund of Fee & Caution Deposit:

- (a) Refund of fee to the students shall be regulated as per the University Rules/ UGC norms as revised from time to time.
- (b) Refund of Caution Deposit, if due, shall be made by the University only after the declaration of the final result of the Programme, on production of No Dues Certificate.

6.2 Ragging:

- (a) Ragging is strictly prohibited within and outside the University.
- (b) If any student is involved in ragging or any other anti-social activities, he/she shall be expelled and criminal proceedings may be initiated against him/her.
- (c) For further details regarding the University Rule's and Regulations on ragging, please refer Student Handbook.

6.3. Sports Equipment

All students are required to procure personal sport equipment as specified for various games/sports, on their own.

6.4. Clothing and Other Requirements

The summer temperature at Imphal, Manipur ranges from 32°C to 34°C, and from 1°C to 2°C in winter. The students are advised to bring appropriate bedding and clothing.



Admission Test (2021-22) Physical Fitness Test Guideline

50 Meter Dash

Sprint or speed tests can be performed over varying distances, depending on the factors being tested and the relevance to the sport. The 50 Meter Sprint is part of the International Physical Fitness Test, and their protocol is listed here.

Purpose: The aim of this test is to determine acceleration and speed.

Equipment required: measuring tape or marked track, stopwatch, cone markers, flat and clear surface of at least 70 meters.

Procedure: The test involves running a single maximum sprint over 50 meters, with the time recorded. A thorough warm up should be given, including some practice starts and accelerations. Start from a stationary standing position (hands cannot touch the ground), with one foot in front of the other. The front foot must be behind the starting line. Once the subject is ready and motionless, the starter gives the instructions "set" then "go.". The tester should provide hints for maximizing speed (such as keeping low, driving hard with the arms and legs) and the participant should be encouraged to not slow down before crossing the finish line.

Standing Long Jump Test (Broad Jump)

The Standing long jump, also called the Broad Jump, is a common and easy to administer test of explosive leg power.

Purpose: To measure the explosive power of the legs.

Equipment required: tape measure to measure distance jumped, non-slip floor for takeoff, and soft landing area preferred. Commercial Long Jump Landing Mats are also available. The take off line should be clearly marked.

Procedure: The athlete stands behind a line marked on the ground with feet slightly apart. A two foot take-off and landing is used, with swinging of the arms and bending of the knees to provide forward drive. The subject attempts to jump as far as possible, landing on both feet without falling backwards. Three attempts are allowed. See some long jump video examples.

Scoring: The measurement is taken from take-off line to the nearest point of contact on the landing (back of the heels). Record the longest distance jumped, the best of three attempts. The table below gives a rating scale for the standing long jump test for adults, based on personal experiences. See some athlete results for the long jump test. You can also use this calculator to convert cm to feet and inches.

Variations / modifications: A long jump landing pit may be used instead of a hard surface, which enables the subject to confidently put more effort into the jump, and to extend the legs further in front of the body for landing. This technique also allows those with greater skill to score longer jumps, which is undesirable if you are trying to test for leg power only. Generally longer distances should be achieved with this technique, so the norm table above would not be accurate. The Eurofit Test recommends using a graduated mat for ease of recording jump distance on the landing surface.



Overhead Power Ball Throw (backwards)

The test involves throwing a Power Ball (or medicine ball) for maximum distance. The Overhead Power Ball Throw was once one of the tests of the SPARQ rating system for basketball and soccer, and the protocol that they used is listed here. There is a similar back throw test using a 8lb shot put.

Aim: This test measures core strength and total body power.

Equipment required: 2 or 3 kg power ball (For boys its 3kg, and for girls its 2kg), tape measure, clear open area for testing.

Procedure: The athlete starts by standing facing away from the direction they are going to throw, with their heels at the start line. The starting position is with the ball in both hands, held above the head, with arms extended. Keeping the arms extended, swing the ball down between your legs while flexing the knees. Then in one motion the ball is flung up and back over the head. Several practices may be required to get the best trajectory for maximum distance. The athlete is permitted to fall backward over the line after the ball is released. Three attempts are allowed.

Scoring: The distance from the starting line to where the ball first lands is recorded. The measurement is recorded to the nearest foot. The best result of three throws is recorded.

1000 Meter Run/Walk Test

The 1 km run test for male and 600mtrs run test for females is one of the fitness tests used in the International Physical Fitness Test battery. The distance used is actually less than 1 km for girls and young boys.

Purpose: This test measures aerobic fitness in the young or those of low fitness level.

Equipment required: oval or running track, stopwatch.

Procedure: The aim of this test is to complete the required distance in the fastest possible time. On the signal, "ready," all participants line up behind the starting line. On the command 'Go!' the clock will start, and they will begin running at their own pace. Cheering or calling out the elapsed time is also permitted to encourage the participants. Walking is permitted but not encouraged.

Scoring: The total time taken to complete the distance is recorded, in minutes and seconds.



ANNEXURE – A (I)

PERFORMANCE CONVERSION TABLE: 50 METERS SPRINT

Men				Women			
Timing (Seconds)	Points	Timing (Seconds)	Points	Timing (Seconds)	Points	Timing (Seconds)	Points
5.7 and Below	100	8.6	34	6.7 and Below	100	9.6	34
5.8	96	8.7	32	6.8	96	9.7	32
5.9	92	8.8	30	6.9	92	9.8	30
6.0	89	8.9	29	7.0	89	9.9	29
6.1	86	9.0	28	7.1	86	10.0	28
6.2	83	9.1	27	7.2	83	10.1	27
6.3	80	9.2	26	7.3	80	10.2	26
6.4	78	9.3	25	7.4	78	10.3	25
6.5	76	9.4	24	7.5	76	10.4	24
6.6	74	9.5	23	7.6	74	10.5	23
6.7	72	9.6	22	7.7	72	10.6	22
6.8	70	9.7	21	7.8	70	10.7	21
6.9	68	9.8	20	7.9	68	10.8	20
7.0	66	9.9	19	8.0	66	10.9	19
7.1	64	10.0	18	8.1	64	11.0	18
7.2	62	10.1	17	8.2	62	11.1	17
7.3	60	10.2	16	8.3	60	11.2	16
7.4	58	10.3	15	8.4	58	11.3	15
7.5	56	10.4	14	8.5	56	11.4	14
7.6	54	10.5	13	8.6	54	11.5	13
7.7	52	10.6	12	8.7	52	11.6	12
7.8	50	10.7	11	8.8	50	11.7	11
7.9	48	10.8	10	8.9	48	11.8	10
8.0	46	10.9	09	9.0	46	11.9	09
8.1	44	11.0	08	9.1	44	12.0	08
8.2	42	11.1	07	9.2	42	12.1	07
8.3	40	11.2	06	9.3	40	12.2	06
8.4	38	11.3 and Above	05	9.4	38	12.3 and Above	05
8.5	36	-	-	9.5	36	-	-



ANNEXURE – A (II)

PERFORMANCE CONVERSION: TABLE STANDING BROAD JUMP

Men		Women	
Distance (Meters)	Points	Distance (Meters)	Points
2.85 and Above	100	2.35 and Above	100
2.80-2.84	95	2.30-2.34	95
2.75-2.79	91	2.25-2.29	91
2.70-2.74	87	2.20-2.24	87
2.65-2.69	84	2.15-2.19	84
2.60-2.64	81	2.10-2.14	81
2.55-2.59	78	2.05-2.09	78
2.50-2.54	75	2.00-2.04	75
2.45-2.49	72	1.95-1.99	72
2.40-2.44	69	1.90-1.94	69
2.35-2.39	66	1.85-1.89	66
2.30-2.34	63	1.80-1.84	63
2.25-2.29	60	1.75-1.79	60
2.20-2.24	57	1.70-1.74	57
2.15-2.19	54	1.65-1.69	54
2.10-2.14	51	1.60-1.64	51
2.05-2.09	48	1.55-1.59	48
2.00-2.04	45	1.50-1.54	45
1.95-1.99	43	1.45-1.49	43
1.90-1.94	41	1.40-1.44	41
1.85-1.89	39	1.35-1.39	39
1.80-1.84	37	1.30-1.34	37
1.75-1.79	35	1.25-1.29	35
1.70-1.74	33	1.20-1.24	33
1.65-1.69	31	1.15-1.19	31
1.60-1.64	29	1.10-1.14	29
1.55-1.59	27	1.05-1.09	27
1.50-1.54	25	1.00-1.04	25
1.45-1.49	24	0.95-0.99	24
1.40-1.44	23	0.90-0.94	23
1.35-1.39	22	0.85-0.89	22
1.30-1.34	21	0.80-0.84	21
1.25-1.29	20	0.75-0.79	20
1.20-1.24	19	0.70-0.74	19
1.15-1.19	18	0.65-0.69	18
1.10-1.14	17	0.60-0.64	17
1.05-1.09	16	0.55-0.59	16
1.00-1.04	15	0.50-0.54	15
0.99 and Below	14	0.49 and Below	14



ANNEXURE – A (III)

PERFORMANCE CONVERSION TABLE: OVER HEAD BACK THROW

Men (3 Kg Medicine Ball)		Women (2 Kg Medicine Ball)	
Distance (in meters)	Points	Distance (in meters)	Points
15.00 and Above	100	12.50 and Above	100
14.50	95	12.00	95
14.00	90	11.50	90
13.50	85	11.00	85
13.00	80	10.50	80
12.50	76	10.00	76
12.00	72	9.50	72
11.50	68	9.00	68
11.00	64	8.50	64
10.50	60	8.00	60
10.00	56	7.50	56
9.50	52	7.00	52
9.00	48	6.50	48
8.50	44	6.00	44
8.00	40	5.50	40
7.50	37	5.00	37
7.00	34	4.50	34
6.50	31	4.00	31
6.00	28	3.50	28
5.50	25	3.00	25
5.00	23	2.50	23
4.50	21	2.00	21
4.00	19	1.50	19
3.50 and Below	17	1.00 and Below	17



ANNEXURE – A (IV)

PERFORMANCE CONVERSION TABLE: 1000 METERS RUN/WALK

Men				Women			
Timing (Seconds)	Points	Timing (Seconds)	Points	Timing (Seconds)	Points	Timing (Seconds)	Points
3:00 and Below	100	3:41-3:42	59	4:00 and Below	100	4:41-4:42	59
3:01	99	3:43-3:44	58	4:01	99	4:43-4:44	58
3:02	98	3:45-3:46	57	4:02	98	4:45-4:46	57
3:03	97	3:47-3:48	56	4:03	97	4:47-4:48	56
3:04	96	3:49-3:50	55	4:04	96	4:49-4:50	55
3:05	95	3:51-3:52	54	4:05	95	4:51-4:52	54
3:06	94	3:53-3:54	53	4:06	94	4:53-4:54	53
3:07	93	3:55-3:56	52	4:07	93	4:55-4:56	52
3:08	92	3:57-3:58	51	4:08	92	4:57-4:58	51
3:09	91	3:59-4:00	50	4:09	91	4:59-5:00	50
3:10	90	4:01-4:02	49	4:10	90	5:01-5:02	49
3:11	89	4:03-4:04	48	4:11	89	5:03-5:04	48
3:12	88	4:05-4:06	47	4:12	88	5:05-5:06	47
3:13	87	4:07-4:08	46	4:13	87	5:07-5:08	46
3:14	86	4:09-4:10	45	4:14	86	5:09-5:10	45
3:15	85	4:11-4:12	44	4:15	85	5:11-5:12	44
3:16	84	4:13-4:14	43	4:16	84	5:13-5:14	43
3:17	83	4:15-4:16	42	4:17	83	5:15-5:16	42
3:18	82	4:17-4:18	41	4:18	82	5:17-5:18	41
3:19	81	4:19-4:20	40	4:19	81	5:19-5:20	40
3:20	80	4:21-4:22	39	4:20	80	5:21-5:22	39
3:21	79	4:23-4:24	38	4:21	79	5:23-5:24	38
3:22	78	4:25-4:26	37	4:22	78	5:25-5:26	37
3:23	77	4:27-4:28	36	4:23	77	5:27-5:28	36
3:24	76	4:29-4:30	35	4:24	76	5:29-5:30	35
3:25	75	4:31-4:32	34	4:25	75	5:31-5:32	34
3:26	74	4:33-4:34	33	4:26	74	5:33-5:34	33
3:27	73	4:35-4:36	32	4:27	73	5:35-5:36	32
3:28	72	4:37-4:38	31	4:28	72	5:37-5:38	31
3:29	71	4:39-4:40	30	4:29	71	5:39-5:40	30
3:30	70	4:41-4:43	29	4:30	70	5:41-5:43	29
3:31	69	4:44-4:46	28	4:31	69	5:44-5:46	28
3:32	68	4:47-4:49	27	4:32	68	5:47-5:49	27
3:33	67	4:50-4:52	26	4:33	67	5:50-5:52	26
3:34	66	4:53-4:55	25	4:34	66	5:53-5:55	25
3:35	65	4:56-4:58	24	4:35	65	5:56-5:58	24
3:36	64	4:59-5:01	23	4:36	64	5:59-6:01	23
3:37	63	5:02-5:04	22	4:37	63	6:02-6:04	22
3:38	62	5:05-5:07	21	4:38	62	6:05-6:07	21
3:39	61	5:08-5:10	20	4:39	61	6:08-6:10	20
3:40	60	5:11 and Above	19	4:40	60	6:11 and Above	19

Note : The performance in four items will be converted into points on the basis of above tables and the required weightage of final points will be considered as the performance in Physical Fitness Test.



ANNEXURE – B

**CRITERIA FOR ADMISSION TEST
FOR GAME PROFICIENCY-2021-2022**

POSTGRADUATE PROGRAM:

GAME PROFICIENCY (25 Marks)		
Sl No.	Test Items	Mark
1	Skill Test (10 mark)	10 marks
2	Playing Ability Test (10 mark)	10 marks
3	Overall Performance of the player (5 mark)	5 marks
	TOTAL	25

UNDERGRADUATE PROGRAM:

GAME PROFICIENCY (50 Marks)		
Sl No.	Test Items	Mark
1	Skill Test (10 mark)	20 marks
2	Playing Ability Test (10 mark)	20 marks
3	Overall Performance of the player (5 mark)	10 marks
	TOTAL	50



CRITERIA FOR AWARDING WEIGHTAGE ON THE BASIS OF SPORTS PARTICIPATION: 2021-'22

The criteria for awarding weightage based on **Sports Participation** for granting admission to **Undergraduate and Postgraduate Programmes** for the academic session **2021-'22** are given below:

SL.NO.	LEVEL OF COMPETITION	CERTIFICATE ISSUING AUTHORITY	MAXIMUM MARKS OUT OF 30			
			FIRST POSITION	SECOND POSITION	THIRD POSITION	PARTICIPATION
1	Represented India in Olympic Games/World Championships/World Cups/Commonwealth Games/Asian Games/Asian Championships/South Asian Federation Games	IOC/ISFs/CGF/OCA/SASC/IPC/IOA/NSF recognised and/or funded by the Ministry of Youth Affairs & Sports (MYAS)	DIRECT ADMISSION			
2	Position and/or Participation in International Youth/Junior Competitions	International Sports Federation (ISF/NSF) recognised and/or funded by the Ministry of Youth Affairs & Sports (MYAS)	30	28	26	24
3	Position and/or Participation in National Games/ Federation Cup/ Senior National/ Inter-Zonal National/ National Competitions	IOA/NSF recognised and funded by the Ministry of Youth Affairs & Sports (MYAS)	22	20	18	16
4	Position and/or Participation in National School Games Under 19/17, Khelo India National School Games Under 17/Youth/ Junior National/National Women Sports Competition/Sub-Junior/ Cadet National Competition/Zonal National Competition	School Games Federation of India (SGFI)/NSF recognised and/or funded by Ministry of Youth Affairs & Sports (MYAS)	14	12	10	9
5	Position in State Competitions/ State Women Sports Competitions/Inter-Zonal/ Inter-District/CBSE National/ KVS National/IPSC National/ ICSE National/DAV National/NVS National/Vidya Bharti National Competitions	State Sports Association, State Directorate of Education/School Boards	8	7	6	5
6	Position in District/Zonal, CBSE-Cluster/Zonal, KVS/NVS – Regional, DAV/Vidya Bharti- Zonal, Subroto Cup, other School Board Competitions	District Sports Association, District/Zonal Regional Directorate of Education/School Boards	4	3	2	1

NOTE:

1. Sports Certificate of Invitational/Memorial/Open/Prize Money League/Ranking Competitions will not be considered.
2. Merit/Participation Sports Certificate of preceding three years, i.e., from 1st May 2017 to 30th April 2021 will only be considered for the current academic session.
3. Applicants are required to upload self-attested copies of three Merit/Participation Sports Certificates.
4. Only the highest Merit/Participation Sports Certificate will be considered for granting weightage.

APPROVED BY THE SCRUTINY COMMITTEE

Affidavit by the Student for Anti-Ragging

(To be notarized on a stamp paper of Rs. 100/-)

1) I, _____ S/o/ D/o Mr./Mrs. _____, having been admitted to National Sports University, Imphal, have received a copy of the UGC Regulations on Curbing the Menace of Ragging in Higher Educational Institutions, 2009, (hereinafter called the “Regulations”) carefully read and fully understood the provisions contained in the said Regulations.

2) I have, in particular, perused Clause 3 of the Regulations and am aware as to what constitutes ragging.

3) I have also, in particular, perused Clause 7 and Clause 9.1 of the Regulations and am fully aware of the penal and administrative action that is liable to be taken against me in case I am found guilty of or abetting ragging, actively or passively, or being part of a conspiracy to promote ragging.

4) I hereby solemnly aver and undertake that -

a) I will not indulge in any behaviour or act that may be constituted as ragging under clause 3 of the Regulations.

b) I will not participate in or abet or propagate through any act of commission or omission that may be constituted as ragging under Clause 3 of the Regulations.

5) I hereby affirm that, if found guilty of ragging, I am liable for punishment according to clause 9.1 of the Regulations, without prejudice to any other criminal action that may be taken against me under any penal law or any law for the time being in force.

6) I hereby declare that I have not been expelled or debarred from admission in any institution in the country on account of being found guilty of abetting or being part of a conspiracy to promote, ragging; and further affirm that, in case the declaration is found to be untrue, I am aware that my admission is liable to be cancelled.

Declared this _____ day of _____ month of _____ year.

.....
Signature of Deponent
Name:

VERIFICATION

Verified that the contents of this affidavit are true to the best of my knowledge and no part of the affidavit is false and nothing has been concealed or misstated therein.

Verified at _____ on this the _____ of _____, _____.

.....
Signature of Deponent
Name:

Solemnly affirmed and signed in my presence on this the _____ of _____, _____ after reading the contents of this affidavit.

OATH COMMISSIONER

Affidavit by Parent/Guardian for Anti-Ragging

(To be notarized on a stamp paper of Rs. 100/-)

1) I, Mr./Mrs. _____ father/mother/guardian of _____, having been admitted to National Sports University, Imphal, have received a copy of the UGC Regulations on Curbing the Menace of Ragging in Higher Educational Institutions, 2009, (hereinafter called the “Regulations”), carefully read and fully understood the provisions contained in the said Regulations.

2) I have, in particular, perused Clause 3 of the Regulations and am aware as to what constitutes ragging.

3) I have also, in particular, perused Clause 7 and Clause 9.1 of the Regulations and am fully aware of the penal and administrative action that is liable to be taken against my ward in case he/she is found guilty of or abetting ragging, actively or passively, or being part of a conspiracy to promote ragging.

4) I hereby solemnly aver and undertake that -

a) My ward will not indulge in any behaviour or act that may be constituted as ragging under Clause 3 of the Regulations.

b) My ward will not participate in or abet or propagate through any act of commission or omission that may be constituted as ragging under Clause 3 of the Regulations.

5) I hereby affirm that, if found guilty of ragging, my ward is liable for punishment according to clause 9.1 of the Regulations, without prejudice to any other criminal action that may be taken against my ward under any penal law or any law for the time being in force.

6) I hereby declare that my ward has not been expelled or debarred from admission in any institution in the country on account of being found guilty of, abetting or being part of a conspiracy to promote, ragging; and further affirm that, in case the declaration is found to be untrue, the admission of my ward is liable to be cancelled.

Declared this _____ day of _____ month of _____ year.

Address:

.....
Signature of Deponent

Mobile No:

Name:

VERIFICATION

Verified that the contents of this affidavit are true to the best of my knowledge and no part of the affidavit is false and nothing has been concealed or misstated therein.

Verified at _____ on this the _____ of _____, _____.

.....
Signature of Deponent

Solemnly affirmed and signed in my presence on this the _____ of _____, _____ after reading the contents of this affidavit.

OATH COMMISSIONER

Certificate for Scheduled Castes and Scheduled Tribes

(The form of certificate to be produced by scheduled castes and scheduled tribes candidates applying for appointment to posts and for admission in educational institutes under Government of India)

1. This is to Certify that Shri/Smt/Kumari* Son/
Daughter* of of Village/Town*
..... in District/Division* of the State/Union
Territory* belongs to the caste/tribe* which is recognized as
a Scheduled Caste/Scheduled Tribe* under :-

@ The Constitution (Scheduled Castes) Order, 1950

@ The Constitution (Scheduled Tribes) Order, 1950

@ The Constitution (Scheduled Castes) Union Territories Order, 1951

@ The Constitution (Scheduled Tribes) Union Territories Order, 1951

[As amended by the Scheduled Castes and Scheduled Tribes List (Modification) Order, 1956; the Bombay Reorganization Act, 1960, the Punjab Reorganization Act, 1966, The State of Himachal Pradesh Act, 1970, the North Eastern Areas (Reorganization) Act, 1971, The Scheduled Caste and Scheduled Tribes Order (Amendment) Act, 1976, The State of Mizoram Act, 1986, the State of Arunachal Pradesh Act, 1986 and the Goa, Daman and Diu (Reorganization) Act, 1987.]

@ The Constitution (Jammu & Kashmir) Scheduled Castes Order, 1956

@ The Constitution (Andaman and Nicobar Islands) Scheduled Tribes Order, 1959 as amended by the Scheduled Castes and Scheduled Tribes Order (Amendment) Act, 1976.

@ The Constitution (Dadar and Nagar Haveli) Scheduled Castes Order, 1962

@ The Constitution (Dadar and Nagar Haveli) Scheduled Tribes Order, 1962

@ The Constitution (Pondicherry) Scheduled Castes Order, 1964

@ The Constitution (Uttar Pradesh) Scheduled Tribes Order, 1967

@ The Constitution (Goa, Daman and Diu) Scheduled Castes Order, 1968

@ The Constitution (Goa, Daman and Diu) Scheduled Tribes Order, 1968

@ The Constitution (Nagaland) Scheduled Tribes Order, 1970

@ The Constitution (Sikkim) Scheduled Castes Order, 1978

@ The Constitution (Sikkim) Scheduled Tribes Order, 1978

@ The Constitution (Jammu & Kashmir) Scheduled Tribes Order, 1989

@ The Constitution (SC) Order (Amendment) Act, 1990

@ The Constitution (ST) Order (Amendment) Act, 1991

@ The Constitution (ST) Order (Second Amendment) Act, 1991

@ The Scheduled Caste and Scheduled Tribes Orders (Amendment) Act 2002

@ The Constitution (Scheduled Castes) Order (Amendment) Act, 2002

@ The Constitution (Scheduled Caste and Scheduled Tribes) Order (Amendment) Act, 2002

@ The Constitution (Scheduled Caste) Order (Second Amendment) Act, 2002

2. Applicable in the case of Scheduled Castes/Scheduled Tribes persons who have migrated from one State/Union Territory Administration to another.

This Certificate is issued on the basis of the Scheduled Caste/Scheduled Tribes certificate issued to Shri/Smt* Father/Mother of Shri/Smt/ Kumari*..... of Village/Town in District/Division* of the State/Union Territory who belongs to the caste/tribe* which is recognized as a Scheduled Caste/Scheduled Tribe in the State/Union Territory* of issued by the dated

3. Shri/Smt/Kumari* and/or* his/her* family ordinarily resides in village/town* of District/Division* of the State/Union Territory of

Signature.....

Place:

**Designation.....

Date (With Seal of Office)

- Please delete the words which are not applicable.
- Please quote specific Presidential Order.
- Delete the paragraph which is not applicable.

Note : The term “Ordinarily reside(s)” used here will have the same meaning as in Section 20 of the Representation of the People Act, 1950.

**List of authorities empowered to issue Scheduled Caste/Scheduled Tribe Certificate.

- District Magistrate/Additional District Magistrate/Collector/Deputy Commissioner/Additional Deputy Commissioner/Deputy Collector/1st Class Stipendiary Magistrate/#Sub-Divisional Magistrate/Taluka Magistrate/Executive Magistrate/Extra Assistant Commissioner.
(#Not below of the rank of 1st Class Stipendiary Magistrate)
- Chief Presidency Magistrate/Additional Chief Presidency Magistrate/Presidency Magistrate.
- Revenue Officers not below the rank of Tehsildar.
- Sub Divisional Officer of the Area Where the candidate and/or his/her family normally resides.
- Administrator/Secretary to Administrator/Development officer (Lakshadweep).

Certificate for Other Backward Classes

The form of certificate to be produced by other backward classes candidates applying for appointment to posts and for admission in educational institutes under government of India.

This is to Certify that Shri/Smt/Kumari*
 Son/daughter* of Shri of Village/Town*
 in District/Division* of the State/
 Union Territory* belongs to the Community
 which is recognized as a backward class under :-

- @ Government of India, Ministry of Welfare Resolution No. 12011/68/93-BCC (C) dated 10th September, 1993 published in the Gazette of India Extraordinary Part-I, Section-1, No. 186 dated 13th September 1993.
- @ Government of India, Ministry of Welfare Resolution No. 12011/9/94-BCC dated 19th October, 1994, published in the Gazette of India Extraordinary Part-I, Section-1, No. 163 dated 20th October 1994.
- @ Government of India, Ministry of Welfare Resolution No. 12011/7/95-BCC dated 24th May, 1995 published in the Gazette of India Extraordinary Part-I, Section-1, No. 88 dated 25th May 1995.
- @ Government of India, Ministry of Welfare Resolution No. 12011/96/94-BCC dated 09th March, 1996 published in the Gazette of India Extraordinary Part-I, Section-1, No. 60 dated 11th March 1996.
- @ Government of India, Ministry of Welfare Resolution No. 12011/44/96-BCC dated 06th December, 1996 published in the Gazette of India Extraordinary Part-I, Section-1, No. 210 dated 11th December 1996.
- @ Government of India, Ministry of Welfare Resolution No. 12011/99/94-BCC dated 11th December, 1997 published in the Gazette of India Extraordinary Part-I, Section-1, No. 236 dated 12th December 1997.
- @ Government of India, Ministry of Welfare Resolution No. 12011/13/97-BCC dated 03rd December, 1997 published in the Gazette of India Extraordinary Part-I, Section-1, No. 239 dated 17th December 1997.
- @ Government of India, Ministry of Social Justice and Empowerment Resolution No. 12011/68/98-BCC dated 27th October, 1999 published in the Gazette of India Extraordinary Part-I, Section-1, No. 241 dated 27th October 1999.
- @ Government of India, Ministry of Social Justice and Empowerment Resolution No. 12011/88/98-BCC dated 06th December, 1999 published in the Gazette of India Extraordinary Part-I, Section-1, No. 270 dated 06th December, 1999.
- @ Government of India, Ministry of Social Justice and Empowerment Resolution No. 12011/36/99-BCC dated 04th April, 2000 published in the Gazette of India Extraordinary Part-I, Section-1, No. 71 dated 04th April, 2000
- @ Government of India, Ministry of Social Justice and Empowerment Resolution No. 12011/44/99-BCC dated 21st September, 2000 published in the Gazette of India Extraordinary Part-I, Section-1, No. 210 dated 21st September, 2000.
- @ Government of India, Ministry of Social Justice and Empowerment Resolution No. 12015/9/2000-BCC dated 06th September, 2001 published in the Gazette of India Extraordinary Part-I, Section-1, No. 246 dated 06th September, 2001.
- @ Government of India, Ministry of Social Justice and Empowerment Resolution No. 12011/1/2001-BCC dated 19th June, 2003 published in the Gazette of India Extraordinary Part-I, Section-1, No. 151 dated 20th June, 2003.
- @ Government of India, Ministry of Social Justice and Empowerment Resolution No. 12011/4/2002-BCC dated 13th January, 2004 published in the Gazette of India Extraordinary Part-I, Section-1, No. 09 dated 13th January, 2004.
- @ Government of India, Ministry of Social Justice and Empowerment Resolution No. 12011/14/2004-BCC dated 12th March, 2007 published in the Gazette of India Extraordinary Part-I, Section-1, No. 67 dated 12th March, 2007.

Shri/Smt/Kumari* and/or* his/her* family ordinarily
resided in Village/Town of
District/Division* of the State/Union Territory* of

This is also to certify that he/she* does not belong to the person/sections* (Creamy layer) mentioned in column 3 of the Schedule to the Government of India, Department of Personnel & Training O.M. No. 36012/22/93-Estt. (SCT) dated 08th September 1993, O.M. No. 36033/3/2004-Estt (Res.) dated 09th March 2004 and O.M. No. 36033/3/2004-Estt. (Res) dated 14th October 2008.

Place:

Signature

Date

**Designation

(With Seal of Office)

*Please delete the words which are not application. @Strike out whichever is not applicable.

Note: The term “Ordinarily reside(s)” used here will have the same meaning as in Section 20 of the Representation of the People Act, 1950.

**List of authorities empowered to issue OBC Certificate.

- (i) District Magistrate/Additional District Magistrate/Collector/Deputy Commissioner/Additional Deputy Commissioner/Deputy Collector/1st Class Stipendiary Magistrate/#Sub-Divisional Magistrate/Taluka Magistrate/Executive Magistrate/Extra Assistant Commissioner.

(#not below of the rank of 1st Class Stipendiary Magistrate)

- (ii) Chief Presidency Magistrate/Additional Chief Presidency Magistrate/Presidency Magistrate.

- (iii) Revenue Officers not below the rank of Tehsildar.

- (iv) Sub Divisional Officer of the Area Where the candidate and/or his/her family normally resides.

- (v) Administrator/Secretary to Administrator/Development officer (Lakshadweep).

Note 1: Candidates claiming to belong to OBCs should note that the name of their caste(including its spellings) as indicated in their certificates, should be exactly the same as published in the lists notified by the Central Government from time to time. A certificate containing any variation in the caste name will not be accepted.

Note 2: The OBC claim of a candidate will be determined in relation to the State (or part of the State) to which his/her father originally belongs. A candidate who has migrated from one State (or part of the State) to another should, therefore, produce an OBC certificate which should have been issued to him/her based on his/her father's OBC certificate from the State to which he (father) originally belongs.

NATIONAL SPORTS UNIVERSITY
IMPHAL, MANIPUR

NON-CREAMY LAYER DECLARATION FORM

(In addition to the Community Certificate to be submitted by OBC Candidate)

I Son/Daughter
of Shri resident of Village/Town/City
..... District State he reby
declare that I belong to the community which is recognized as a
backward class by the Government of India for the purpose of reservation in services as per orders contained
in Department of Personnel and Training Office Memorandum No. 36102/22/93-Estt. (SCT) dated 08th
September 1993. It is also declared that I do not belong to persons/sections/sections (Creamy Layer)
mentioned in column 3 of the Schedule to the Government of India, Department of Personnel & Training
O.M. No. 36012/22/93-Estt. (SCT) dated 08th September 1993, O.M. No. 36033/3/2004-Estt. (Res.) dated
09th March 2004, O.M. No. 36033/3/2004-Estt. (Res.) dated 14th October 2008 and O.M. No. 36033/1/2013
(Res.) dated 27th May 2013.

Address (Ordinary Residence)

Signature

Full Name

Date

**NATIONAL SPORTS UNIVERSITY
IMPHAL, MANIPUR**

**Affidavit by the Student for Submission of Migration
Certificate (MC) and Transfer Certificate (TC)**

I,, S/o / D/o Mr./Mrs., having been admitted to National Sports University, Imphal, and I have carefully read and fully understood the conditions / provisions contained in the below mentioned affidavit:-

1) I hereby solemnly aver and undertake that I will submit my Migration Certificate within 06 (six) months and Transfer Certificate (TC) within 15 (fifteen) days from the date of my admission in the University (NSU, Manipur).

2) I hereby affirm that if the Migration Certificate (MC) and/or Transfer Certificate (TC) is/are not submitted by me in the University (NSU) within the stipulated time limit i.e. 06 months for Migration and 15 days for TC, in such circumstances, my admission shall be liable to be cancelled.

3) I hereby declare that I am well versed with the condition and I will abide by the stipulated time limit for submission of Migration Certificate and Transfer Certificate. In case I fail to do so, my admission shall be liable to be cancelled.

Declared this _____ day of _____ month of _____ year.

.....

Signature of Deponent

Name of Student:

VERIFICATION

Verified that the contents of this affidavit are true to the best of my knowledge and no part of the affidavit is false and nothing has been concealed or misstated therein.

Verified at on this the of, 2018.

.....

Signature of Deponent

Solemnly affirmed and signed in my presence on this the of , after reading the contents of this affidavit.

OATH COMMISSIONER

NATIONAL SPORTS UNIVERSITY
IMPHAL, MANIPUR

DECLARATION OF MEDICAL FITNESS OF CANDIDATE

(To be executed by the candidate and parents at the time of admission)

I, S/o / D/o Mr./Mrs.,
hereby declare that I/my ward is not suffering from:

- a. Hypertension.
- b. Bronchial Asthma.
- c. Heart Disease.
- d. Inveterate Skin Disease.
- e. Venereal Disease (V.D.).
- f. Traces of previous acute or chronic disease pointing to and impaired constitution.
- g. Contagious Disease.

and if I/my ward is found suffering from any of the above illnesses [from (a) to (g)] after admission in the University (NSU) and during the span of course in such circumstances, the decision of the authorities shall be final and I will abide by it.

(Signature of Parent/Guardian)

(Signature of Student)

Date:

EMPLOYER'S NO OBJECTION CERTIFICATE

(Only for In-service Candidate)

This is to certify that Mr./Ms.
is permanent/regular employee in this Institute/Organization/University and has been working
in theDepartment on post
of Since
and total service experience is

The Institute/Organization/University has no objection on Mr./Ms.
to enroll for program. He/She will be relieved for a period of
years for pursuing programme at National Sports University.

Date :

Place : Signature of Employer & Seal

CERTIFICATE FOR EWS**Government of _____**

(Name & Address of the authority issuing the certificate)

**INCOME & ASSET CERTIFICATE TO BE PRODUCED BY
ECONOMICALLY WEAKER SECTIONS**

Certificate No. _____

Date _____

VALID FOR THE YEAR _____

This is to certify that Shri/Smt./Kumari _____
 _ son/daughter/wife of _____ permanent resident of _____
 _____, Village/Street _____ Post Office _____
 District _____ in the State/Union Territory _____ Pin Code
 _____ whose photograph is attested below belongs to Economically Weaker Sections,
 since the gross annual income* of his/her “family”** is below Rs. 8 lakh (Rupees Eight Lakh only)
 for the financial year _____. His/her family does not own or possess any of the following assets***:

- I. 5 acres of agricultural land and above;
- II. Residential flat of 1000 sq.ft. and above;
- III. Residential plot of 100 sq.yards and above in notified municipalities;
- IV. Residential plot of 200 sq.yards and above in areas other than the notified municipalities.

2. Shri/Smt./Kumari _____ belongs to the _____ caste which is
 not recognized as Scheduled Caste, Scheduled Tribe and Other Backward Classes (Central List)

Recent Passport
 size attested
 photograph of
 the applicant

Signature with seal of Office _____

Name _____

Designation _____

* Note 1: Income covered all sources i.e. salary, agricultural, business, profession, etc.

** Note 2: The term “Family” for this purpose include the person, who seeks benefit of reservation, his/her parents are siblings below the age of 18 years as also his/her spouse and children below the age of 18 years.

*** Note 3: The property held by a “Family” in different locations of different places/cities have been



SEMESTER-WISE FEE STRUCTURE FOR INDIAN STUDENTS FOR SESSION 2021-'22

UNDERGRADUATE PROGRAMMES

B.P.E.S / B.Sc. (Sports Coaching)

NAME OF THE HEAD	2021-2022		2022-2023		2023-2024		2024-2025	
Semester	I	II	III	IV	V	VI	VII	VIII
Tuition Fee	5000	5000	5000	5000	5000	5000	5000	5000
Identity Card Fee	200	0	0	0	0	0	0	0
Mediclaime Insurance	1000	0	1000	0	1000	0	1000	0
Caution Money (Refundable)	2000	0	0	0	0	0	0	0
Registration Fee	600	0	0	0	0	0	0	0
Hostel fee	2000	2000	2000	2000	2000	2000	2000	2000
Admission fee	5000	0	0	0	0	0	0	0
Examination Fee	1500	1500	1500	1500	1500	1500	1500	1500
Mess Fund	25000	25000	25000	25000	25000	25000	25000	25000
Uniform	9000	0	0	0	0	0	0	0
Sports Fund	1200	1200	1200	1200	1200	1200	1200	1200
Development Fund	1200	1200	1200	1200	1200	1200	1200	1200
Medical Fund	500	500	500	500	500	500	500	500
Student Cultural/ Literary Society Fund	500	500	500	500	500	500	500	500
Student Welfare Fund	100	100	100	100	100	100	100	100
Library Fund	500	500	500	500	500	500	500	500
TOTAL	55,300/-	37,500/-	38,500/-	37,500/-	38,500/-	37,500/-	38,500/-	37,500/-
	Rs. 92,800/-		Rs. 76,000/-		Rs. 76,000/-		Rs. 76,000/-	

Refund of fees shall be as per the University Rules.

NOTE:

1. Above fee schedule applicable for the current year only Fee Scheduled for subsequent years as decided from time to time will prevail.
2. Mess charges will be subject to University's discretion and review.
3. The fee structure for the entire course has been given for the convenience of those candidates who wish to apply for student loan. But it is subject to change under the University's discretion and review.



SEMESTER-WISE FEE STRUCTURE FOR FOREIGN STUDENTS FOR SESSION 2021-'22

UNDERGRADUATE PROGRAMMES

B.P.E.S / B.Sc. (Sports Coaching)

NAME OF THE HEAD	2021-2022		2022-2023		2023-2024		2024-2025	
Semester	I	II	III	IV	V	VI	VII	VIII
Tuition Fee	10000	10000	10000	10000	10000	10000	10000	10000
Identity Card Fee	200	0	0	0	0	0	0	0
Mediclaim Insurance	5000	0	5000	0	5000	0	5000	0
Caution Money (Refundable)	5000	0	0	0	0	0	0	0
Registration Fee	2500	0	0	0	0	0	0	0
Hostel fee	50000	50000	50000	50000	50000	50000	50000	50000
Admission fee	10000	0	0	0	0	0	0	0
Examination Fee	1500	1500	1500	1500	1500	1500	1500	1500
Mess Fund	40000	40000	40000	40000	40000	40000	40000	40000
Uniform	9000	0	0	0	0	0	0	0
Sports Fund	1200	1200	1200	1200	1200	1200	1200	1200
Development Fund	1200	1200	1200	1200	1200	1200	1200	1200
Medical Fund	5000	5000	5000	5000	5000	5000	5000	5000
Student Cultural/ Literary Society Fund	500	500	500	500	500	500	500	500
Student Welfare Fund	100	100	100	100	100	100	100	100
Library Fund	500	500	500	500	500	500	500	500
TOTAL	1,41,700/-	1,10,000/-	1,15,000/-	1,10,000/-	1,15,000/-	1,10,000/-	1,15,000/-	1,10,000/-
	Rs. 2,51,700/-		Rs. 2,25,000/-		Rs. 2,25,000/-		Rs. 2,25,000/-	

Refund of fees shall be as per the University Rules.

NOTE:

1. Above fee schedule applicable for the current year only Fee Scheduled for subsequent years as decided from time to time will prevail.
2. Mess charges will be subject to University's discretion and review.
3. The fee structure for the entire course has been given for the convenience of those candidates who wish to apply for student loan. But it is subject to change under the University's discretion and review.



SEMESTER-WISE FEE STRUCTURE FOR INDIAN STUDENTS FOR SESSION 2021-'22

POSTGRADUATE PROGRAMMES

M.P.E.S / M.Sc. (Sports Coaching)/M.A. (Sports Psychology)

NAME OF THE HEAD	2021-2022		2022-2023	
Semester	I	II	III	IV
Tuition Fee	3150	3150	3150	3150
Identity Card Fee	200	0	0	0
Mediclaime Insurance	1000	0	1000	0
Caution Money (Refundable)	2000	0	0	0
Registration Fee	600	0	0	0
Hostel fee	2000	2000	2000	2000
Admission fee	5000	0	0	0
Examination Fee	1500	1500	1500	1500
Mess Fund	25000	25000	25000	25000
Uniform	8000	0	0	0
Sports Fund	1200	1200	1200	1200
Development Fund	1200	1200	1200	1200
Medical Fund	500	500	500	500
Student Cultural/Literary Society Fund	500	500	500	500
Student Welfare Fund	100	100	100	100
Library Fund	500	500	500	500
TOTAL	52,450/-	35,650/-	36,650/-	35,650/-
	Rs. 88,100/-		Rs. 72,300/-	

Refund of fees shall be as per the University Rules.

NOTE:

1. Above fee schedule applicable for the current year only Fee Scheduled for subsequent years as decided from time to time will prevail.
2. Mess charges will be subject to University's discretion and review.
3. The fee structure for the entire course has been given for the convenience of those candidates who wish to apply for student loan. But it is subject to change under the University's discretion and review.



SEMESTER-WISE FEE STRUCTURE FOR FOREIGN STUDENTS FOR SESSION 2021-'22

POSTGRADUATE PROGRAMMES

M.P.E.S / M.Sc. (Sports Coaching)/M.A. (Sports Psychology)

NAME OF THE HEAD	2021-2022		2022-2023	
Semester	I	II	III	IV
Tuition Fee	15000	15000	15000	15000
Identity Card Fee	200	0	0	0
Mediclaim Insurance	5000	0	1000	0
Caution Money (Refundable)	5000	0	0	0
Registration Fee	2500	0	0	0
Hostel fee	50000	50000	50000	50000
Admission fee	10000	0	0	0
Examination Fee	1500	1500	1500	1500
Mess Fund	40000	40000	40000	40000
Uniform	8000	0	0	0
Sports Fund	1200	1200	1200	1200
Development Fund	1200	1200	1200	1200
Medical Fund	5000	5000	5000	5000
Student Cultural/Literary Society Fund	500	500	500	500
Student Welfare Fund	100	100	100	100
Library Fund	500	500	500	500
TOTAL	1,45,700/-	1,15,000/-	1,15,000/-	1,15,000/-
	Rs. 2,60,700		Rs. 2,30,000/-	

Refund of fees shall be as per the University Rules.

NOTE:

1. Above fee schedule applicable for the current year only Fee Scheduled for subsequent years as decided from time to time will prevail.
2. Mess charges will be subject to University's discretion and review.
3. The fee structure for the entire course has been given for the convenience of those candidates who wish to apply for student loan. But it is subject to change under the University's discretion and review.



STUDENTS UNIFORM AND SPORTS KIT

B.P.E.S/B.Sc. (Sports Coaching)

Sl.No.	Items	No. of items per student
1.	T-Shirt	Three
2.	T-Shirt (White)	One
3.	Shorts	Three
4.	Track Suit	One
5.	Shirt (Full Sleeves)	Two
6.	Pant	Two
7.	Tie	One
8.	Blazer	One
9.	Bag	One
10.	Sweater	One

M.P.E.S/M.Sc. (Sports Coaching)/M.A. (Sports Psychology)

Sl. No	Items	No. of items per student
1.	T-Shirt	Two
2.	T- Shirt (White)	One
3.	Shorts	Two
4.	Track Suit	One
5.	Shirt (Full Sleeves)	Two
6.	Pant	Two
7.	Tie	One
8.	Blazer	One
9.	Bag	One
10	Sweater	One

Note:

1. The uniform to be worn by the students shall be decided by a 'Student Uniform Committee' constituted internally by the concerned authority. The Committee shall have faculty members and student representatives as its members and shall be responsible for deciding upon the uniform as well as procuring the same on a "No Profit, No Loss" basis.

2. For B.Sc. Sports Coaching and B.P.E.S students, one T-Shirt and Shorts will be given in the 5th Semester.



Manipur Olympic Bhavan, Khuman Lampak Sports Complex, Imphal , Manipur 795001

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E-mail ID : nsuadmissionsoff@gmail.com

<https://www.nsu.ac.in>