



राष्ट्रीय खेल विश्वविद्यालय, इम्फाल, मणिपुर  
(केन्द्रीय विश्वविद्यालय)  
भारत सरकार, युवा कार्यक्रम एवं खेल मंत्रालय  
**NATIONAL SPORTS UNIVERSITY, IMPHAL, MANIPUR**  
(A Central University)  
Government of India, Ministry of Youth Affairs and Sports

F.No.03/COE/NSU/2019-20/40

Date: 27<sup>th</sup> August 2020

**CIRCULAR**

All the students of M.A ( Sports Psychology) and all UG students are hereby informed to carefully go through the new Assessment System (Annexure-I,II,III & IV) to be followed for the Final Semester, back papers and residual Examinations going to be conducted in the month of September-October 2020. The new Criteria have been made due to the current pandemic situation of COVID-19. The students are to note that the following rules would be followed for the current Examination only and not for remaining Semester Examinations. In case of any enquiry the students can mail in the ID given below.

**Mail ID: [deanacnsu@gmail.com](mailto:deanacnsu@gmail.com) or [coensuacc@gmail.com](mailto:coensuacc@gmail.com)**

**(Authority: Vice Chancellor's Approval Dated: 27<sup>th</sup> August 2020)**

  
27/08/2020

**Prof. Jayashree Acharya**  
**Controller of Examinations**

**Copy to:**

1. PS-VC, NSU
2. Registrar, NSU for information and necessary Arrangements as & when required
3. Dr. Shyam Sundar Rath,  
HoD, Dept. of PE & SC
4. DFO
5. Faculty Circulation
6. Jr. Accountant
7. All Notice Boards
8. University Website
9. File.



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**ANNEXURE-I**

**ASSESSMENT SYSTEM TO BE FOLLOWED FOR**

**M.A. SPORTS PSYCHOLOGY IV SEMESTER FOR ALL PAPERS**

Overall Scheme of Examination:

- Theory – Total Marks 100 for Each Subject (70 Marks External & 30 Marks Internal)
- Practical – Total Marks 50 for Each Practical (25 External, 25 Internal)

**PART- A: THEORY (Total Marks 70)**

**CRITERIA FOR ASSESSMENT**

A. Assignment - 10 marks
B. Viva - 10 marks
C. Questions – 50 marks (2 hrs) (4X10=40 & 5X2=10)
Guidelines: <ol style="list-style-type: none"><li>All the students will prepare an Assignment of the concerned paper. The topic would be given by subject teacher. The students will explain with diagram, pictures. They will mention the source in reference. The assignments have to be submitted a day before the examination. In viva the questions would be asked from the Assignment.</li><li>A total of five questions have to be attempted. Four Long Questions of 10 marks each and Two short Notes (5 marks each) will be given to the students. Duration of the examinations is 120 minutes (2 hrs). Extra 10 minutes to scan and send</li><li>Soon after the examinations scanned answer sheet should be submitted through WhatsApp or mail.</li><li>Two examiners will conduct the viva and all the questions will be related to their Assignment.</li><li>Sequence of examinations: It would be conducted on the same day.<ol style="list-style-type: none"><li>Assignment submission ( One Day before Examination)</li><li>Written examination and Viva on the Same Day of Examination</li></ol></li></ol>

**PART- B: PRACTICALS (Total Marks 50)**

**CRITERIA FOR ASSESSMENT**

1. For each Subject the students would be submitting the Record/ and attend the Viva : (25 Marks Each from Internal & External Examiner).
<b>DETAILED GUIDELINES WITH REGARD TO THE MODE OF CONDUCTING THE EXAMINATIONS AND TIME SCHEDULE ETC WOULD BE SEND TO EACH AND EVERY STUDENT WELL IN ADVANCE. MEETINGS WOULD BE ARRANGED FROM EXAMINATION SECTION TO CLARIFY THE DOUBTS IF ANY, FOR THE STUDNENTS.</b>

  
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**ANNEXURE-II**

**Guidelines for Theory and Practical Examinations of**

**B.Sc (SPORTS COACHING) & B.P.E.S ( Residual and Back Papers)**

**Theory examination: Total 70marks**

**CRITERIA FOR ASSESSMENT**

<b>D. Assignment - 10 marks</b>
<b>E. Viva - 10 marks</b>
<b>F. Questions – 50 marks (2 hrs) (4X10=40 &amp; 5X2=10)</b>
<b><u>Guidelines:</u></b> 6. All the students will prepare an Assignment of the concerned paper. The topic would be given by subject teacher. The students will explain with diagram, pictures. They will mention the source in reference. The assignments have to be submitted a day before the examination. In viva the questions would be asked from the Assignment. 7. A total of five questions have to be attempted. <b>Four Long Questions</b> of 10 marks each and <b>Two short Notes</b> (5 marks each) will be given to the students. Duration of the examinations is 120 minutes (2 hrs). Extra 10 minutes to scan and send 8. Soon after the examinations scanned answer sheet should be submitted through WhatsApp or mail. 9. Two examiners will conduct the viva and all the questions will be related to their Assignment. 10. Sequence of examinations: It would be conducted on the same day. (c) Assignment submission ( One Day before Examination) (d) Written examination and Viva on the Same Day of Examination

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**ANNEXURE-III**

**PRACTICAL EXAMINATION- B.Sc (SPORTS COACHING)**

Total Marks 50 (25 External & 25 Internal) in Each of the Subject Practical

For each subject practical based on their record submitted to concerned teacher a Viva Voce would be conducted.

**SPORTS SPECIALISATION PRACTICAL:**

General conditioning and performance - 100 marks (50 Marks internal, 50 marks external)

**CRITERIA FOR ASSESSMENT**

Through Video (Students will send a video that should be comprises of all the fitness components)

Practical of Main sports - 100 marks (50 Marks internal, 50 marks external)

**CRITERIA FOR ASSESSMENT**

A. Skill test through Video - 20 Marks
B. Practical note book - 20 Marks
C. Viva - 10 Marks
Both the Internal and External Examiner will evaluate in this format.

**Note:**

- Videos for physical fitness should be taken by the students. For shooting and others as well demonstration through dummy equipment can be taken by explaining the skills.
- In case for any discrepancies with regard to the practical examinations for all semesters, the same would be conducted once the students return to the campus.
- The sports practical videos should preferably for 2 to 2&1/2 minutes.

  
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**ANNEXURE-IV**

**PRACTICAL EXAMINATION- B.P.E.S**

**Practical Paper I:**

**Track and Field/Swimming/Gymnastics - 50 marks (25 Marks internal, 25 marks external)**

**CRITERIA FOR ASSESSMENT**

A. Skill test through their personal Video - <b>10 Marks</b>
B. Practical note book - <b>10 Marks</b>
C. Viva - <b>5 Marks</b>

**Practical Paper II :**

**Major Game - 100 marks (50 Marks Internal, 50 marks External)**

**CRITERIA FOR ASSESSMENT**

A. Skill test through Video - <b>20 Marks</b>
B. Practical note book - <b>20 Marks</b>
C. Viva - <b>10 Marks</b>

**Practical Paper III:**

**Mass demonstration - 50 marks (25 Marks Internal, 25 marks External)**

**CRITERIA FOR ASSESSMENT**

A. Skill test through their personal Video - <b>10 Marks</b>
B. Practical note book - <b>10 Marks</b>
C. Viva - <b>5 Marks</b>

**Note:**

- **Videos for physical fitness can be taken by the students. For shooting and others as well demonstration through dummy equipment can be taken by explaining the skills.**
- **In case for any discrepancies with regard to the practical examinations for all semesters, the same would be conducted once the students return to the campus.**
- **The sports practical videos should preferably for 2 to 2&1/2 minutes.**



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